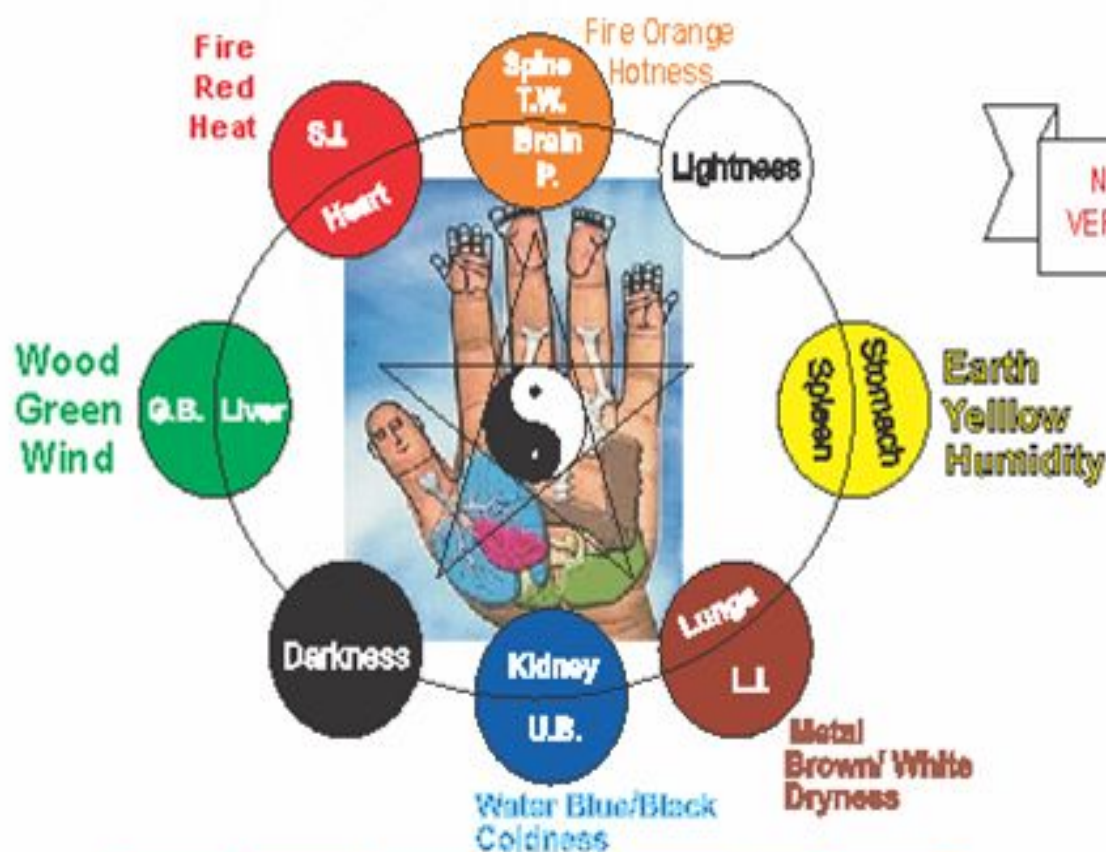


COLOUR & NUMBER THERAPY



NEW VERSION

SIMPLE HEALING EXPERIENCE EASY CARE BETTER HEALTH

	Wind	Heat	Hot	Bright	Hum	Dry	Cold	Darkness
Wind	1	2	3	4	5	6	7	8
Heat	9	10	11	12	13	14	15	16
Hot	17	18	19	20	21	22	23	24
Bright	25	26	27	28	29	30	31	32
Hum	33	34	35	36	37	38	39	40
Dry	41	42	43	44	45	46	47	48
Cold	49	50	51	52	53	54	55	56
Dark	57	58	59	60	61	62	63	64

रंग व संख्या चिकित्सा



Prof. Park Jae Woo
The Inventor of Colour and Number Therapy

Professor was a very eminent scholar of oriental medicine. He gave this world a very effective and unparalleled system of treatment known as the Sujok acupuncture / Onnuri medicine which in simple language means treatment on the correspondent points of the hands and feet (sujok) /whole world (onnuri).

Prof Park Jae Woo was born in South Korea and graduated from the Seoul National University. Right since his early childhood days, He was fascinated with the similarity of the hand and foot with the entire body. His extraordinary perception and great vision helped him in understanding that the creator of this universe has provided human beings with the requisite hardware in the form of Hand, Foot, Ear, which have the same regional divisions as those of entire body. In fact, the hand and foot are miniature bodies in themselves. Prof park then set himself the monumental challenge of providing the people, world over the means of preserving their health through a very simple and effective mode of treatment. Thus after continuous scientific research of over 30 years Prof. Park gave the world the Sujok therapy in the year 1986 and onnuri therapy in 1994.

Su-jok acupuncture is a multidimensional treatment system which includes not only the physical treatment system but also the meta-physical system of treatment of the five elements and also of emotions and reasons.

In his quest for serving mankind, Prof Park has only recently given us the theory of 8 origin & introduced Colour & Number Therapy which is a much more advanced and effective form of treatment. He has authored several books on Su jok acupuncture in which he has shared His immense wealth of knowledge with the world. He has studied about herbal medicines and has classified them along with the six energies and 8 origins and has tried to use in treatment of diseases. Although born in South Korea Prof. Park has made his head quarters at Moscow, where he was the president of international Sujok academy which has engaged over 30 practitioners of allopathic medicines in the research and clinical applications of this wonderful therapy.

His valuable knowledge will definitely provide more and more enlightenment to the man kind in the years to come which will help us to unravel the magical mysteries of mother nature. The literature presented in this book is entirely based on the guidance and blessing of our respected Prof. Park.

Hr Prithvi Dawar, Author

Hr Prithvi Dawar took training for various therapies from Prof. Park Jae Woo (International Sujok Academy, Russia). With more than 16 years of experience in this field, Hr Dawar have organised various camps and lectures to contribute towards the society and humanity..

He is also the member of ISA - International Sujok Academy and have gained specialisation in Colour and Number Therapy. Apart from practising this therapy, he also takes time out to provide yoga sessions guidance.

His motive is to serve humanity and provide best of his skills and expertise for the welfare of the health care department. Thus, from participating in various international exhibitions and seminars to setting up treatment camps, he makes sure to provide best service to humanity and promote good health everywhere.



Note from the Author:

In the initial phase of this therapy, no one believed that it is possible to heal so many chronic health problems in such a simple way where you just have to write a given number on the palm with + or - symbols in a () with the mentioned colour. But while practicing this simple therapy I realized that the fever was gone within one hour without taking any medicines! Whenever I experienced different health problems I always got positive result. I studied this Sujok Color and Number Therapy for more than 5 years and after this, I decided to spread it with other people. Then on people's demand I decided to publish it. It's completely based on science for which training programs are also available to provide guidance.

Understanding that this book will reach different people facing varying health issues with its own subjective implications, I would advise not to depend upon it completely. Even if this therapy is useful in all circumstances, make sure you also study your health issue properly and apply a suitable treatment accordingly.

Those who want to arrange treatment/ training camps or contribute some effort/ assets to develop this therapy more or for bulk distribution, they are welcome.

As this therapy developed I recieved many testimonials globally showing people's trust on this therapy which is giving me more encouragement & confidence to share this with you.

For assistance, feel free to contact us on the given contact details or go through our Facebook or Youtube channel name- Prithvi Dawar.

Contact us on +91 9987674659 / 8655558138 (only for sms)
or email: healthcure01@gmail.com

Colour and Number Therapy Characteristics:

All colours discharge waves of pulsation which creates the feeling of cold or heat after colliding to an object. Different colors create different feelings/effects for e.g. Burnt (itch) by Red, Warming effect from Orange, Light warming from Yellow, Green feels no warm & no chill. Color creates feelings of cut, hurt, hit or sting. People don't normally think about colors.

- **Blue:** Through experiences it is seen that patients of Stress and Sleeplessness are fast cured with Blue colour. It creates the effect of coldness. The temper/effect of this color is cold. This color is very effective in treating fast Fever, reducing Mental Stress, to balance shooting pulse and relaxing the mind. Blue colour helps in controlling high-blood pressure, it makes the nerves relaxed & also helps to reduce mental & physical tension. Blue color is effective following diseases: Normal Fever, Red Fever, Typhoid, Plague bubonic, Epilepsy, Hysteria, heart convulsion, High blood pressure, Jaundice, Eye diseases, Poisonous Sting, Stomach ulcer, Dental Diseases.
- **Green:** Green colour is highly-effective for nervous system & high blood pressure. Green color is the one that creates balance. Most of the Vegetables are of Green colour, if they are taken in any form cooked or uncooked the effects of Green color are inhaled into the body. Combination of Green & Blue color creates Turquoise-Blue, this colour energizes skin tissues & is the best cure for burnt skin from sunlight and itching.
- **Yellow:** Yellow colour is an excellent cure for Stomach related diseases. It improves digestive strength by releasing gases from the stomach. It is beneficial in diseases such as Haemorrhoids (Bleeding), Sugar & diseases of Liver. This color removes blemishes from the body.
- **Red:** Nature/Temper of Red color is Warm. If red colour is thrown on the back bone in anemia (lack of blood in body as compared to normal) then the number of R.B.C (Red Blood Cells) is increased. If a part of body is paralyzed then emitting Red rays on that part increases the flow of blood & the nervous system becomes normal & if the same rays are cast upon navel & upper limb then it creates stimulation in stiff veins. Reddishness in the yellow epicenter increases stomach pain & other colours have their own Values.

Number therapy:

With the invention of Prof. Park Jae Woo, The cosmic energy flow in our body can be visualize on numerical values of number. So as per graph, After diagnosis it can be applied on correspondence, meridian, chakra, organ or local affected area of the body. It is a God gift & has experienced with many people. It works dynamically & gives miraculous results.

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Body Organ: Correspondence

नंबर व रंग चिकित्सा में सावधानियां:-

१. रंग के लिये स्केच / मार्कर पेन का इस्तेमाल करें।
२. महिलाओं का गर्भावस्था में उपचार न करें।
३. रोगी अपनी दवाएं तुरंत बंद न करें।
४. उपचार दिन में एक बार करें और ४ घंटे तक रंग को रहने दें। रोग समाप्त होने तक उपचार जारी रखें
५. उपचार के पश्चात् असहज महसूस होने पर हाथों से रंग धो दें।
६. डायबिटीज व रक्तचाप का उपचार विशेषज्ञ से करावें।
७. चित्रानुसार उपचार में स्थान, रंग (+), (-) अंक को १ या अनेक बार लिखें। लिखना / रंग लगाना ही उपचार है। रोग समाप्त होने तक दिन में एक बार प्रतिदिन लिखें।
८. नंबर व रंग चिकित्सा में उपचार के कुछ ही समय में आराम मिलना शुरू होता है तथा चिकित्सा विशेषज्ञ की देख रेख में ही नंबर या रंग से उपचार लें।

Book Key

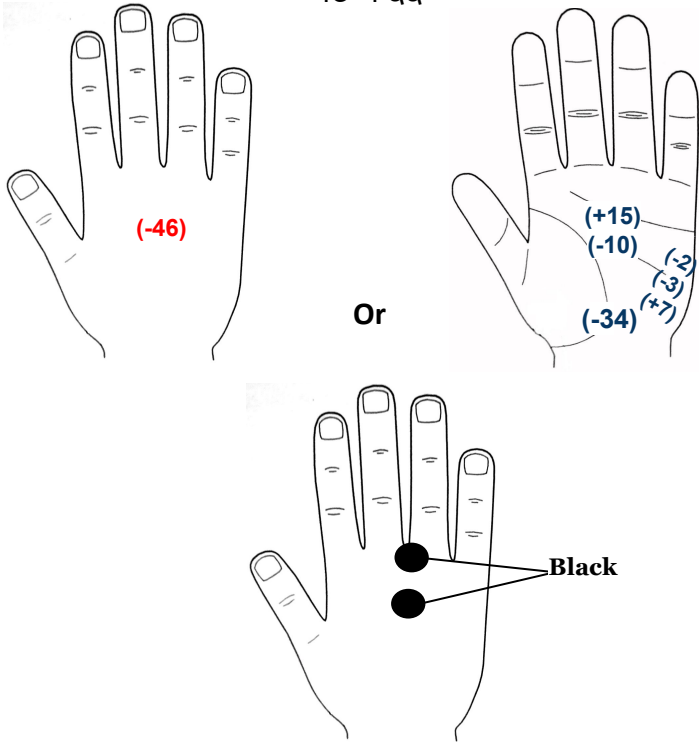
- A) Lu : Lungs,
- I) P : Pericardium
- E) H : Heart
- L) Liv : Liver
- D) Sp : Spleen
- H) K : Kidney
- Cv : Conception Vessel
- B) Li : Large Intestine
- J) TW: Triple Warmer
- F) Si : Small Intestine
- C) St : Stomach
- K) Gb : Gall Bladder
- G) Ub : Urinal Bladder
- Gv : Governing Vessel
- Corp: Correspondence
- Rt./ Lt. : Right / Left

Precautions in Number & Colour Therapy :-

1. Use sketch / marker pen for applying colour.
2. Treatment should be taken for 4 hrs once a day.
3. Diabetes & Blood Pressure treatment should be applied carefully.
4. Ladies should not treat themselves with this therapy while pregnancy.
5. Till the disease is over, continue with the treatment.
6. The Patient should not stop his/her medical treatment immediately because of this Therapy.
7. Number & Color therapy will give result within short period of time at the begging stage. Treatment of color & Number therapy should be done carefully as per your requirement.
8. Only writing the number/ color will heal the disease. Till it heals completely, write at least once in a day, every day.
9. After treatment if there is irritation remove the color / number immediately.



Abdominal Pain
पेट में दर्द

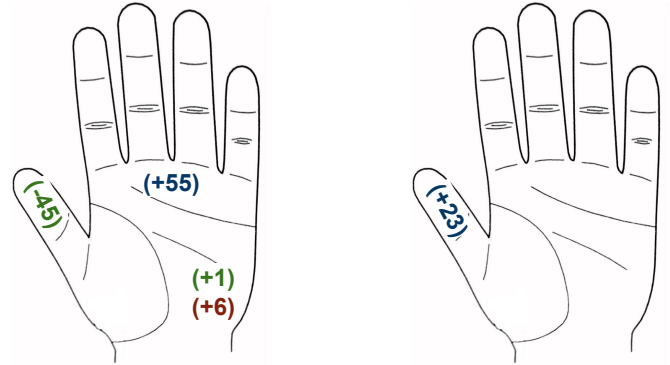


- (- 34) Blue Colour on St. Corp.
- (-2-3+7) Blue Colour on Liv. Corp.
- (+15 -10) Blue Colour on S.I. Corp.
- (- 46) Red Colour on LI. Chakra

Acne (Pimples)
मुँहासे (मुँहासे)

For swelling /
black spot
सूजन/ब्लैक स्पॉट
के लिए

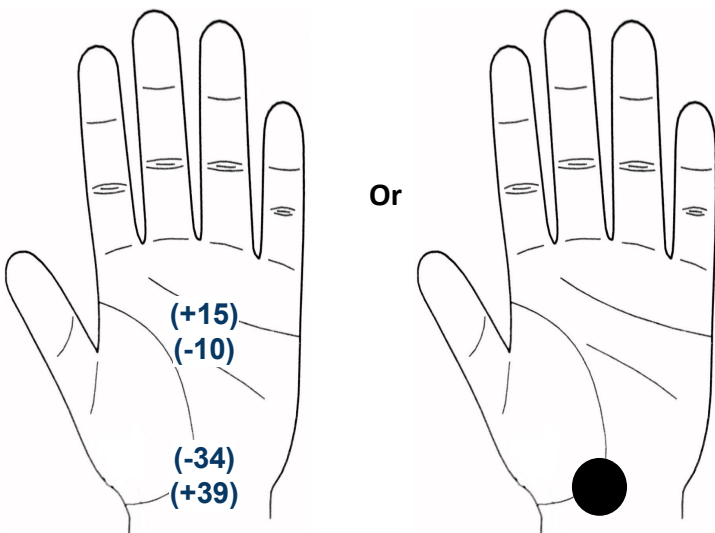
For reddishness
लालपन के लिए



- (-45) Green Colour on Face & Face Corp.
- (+55) Blue on coldness Chakra Corp.
- (+1) green & (+6) Brown on liv.

- (+23) Blue Color on Face & Face Corp.
- (-50) Blue on coldness chakra

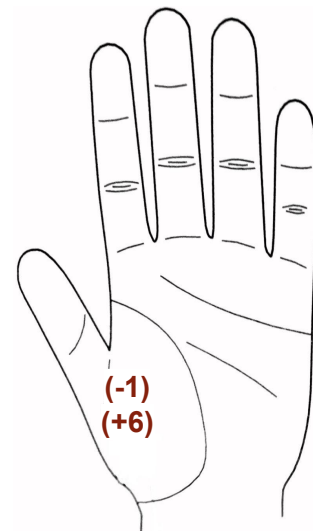
Acidity
पेट की गैस



- (+ 15 -10) Blue Colour on S.I.Corp.

- (-34+39) Blue Colour On St.Corp

Addiction
लत



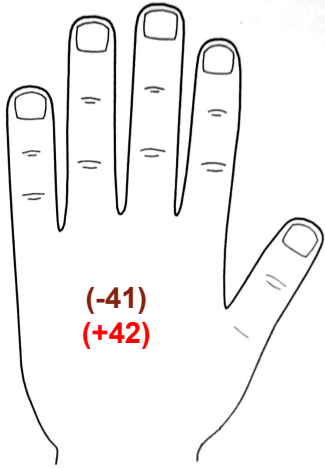
- (-1)(+6) Brown Colour on Liv. Chakra

And hold ice with hand as per your capacity

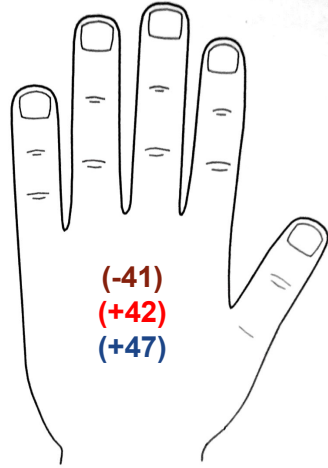
Allergy (Skin problem)

एलर्जी

For Itching / Swelling
खुजली के लिए/
सूजन



For Redness/ Burning
लाली के लिए/
जलता हुआ

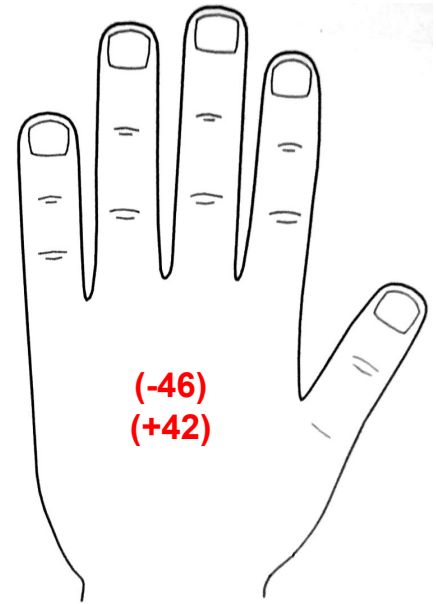


**(-41) Brown and
(+42) Red Colour
On L.I. Chakra**

**(-41) Brown,
(+42) Red,
(+47) Blue,
On L.I. Chakra**

Adrenal Gland Problem

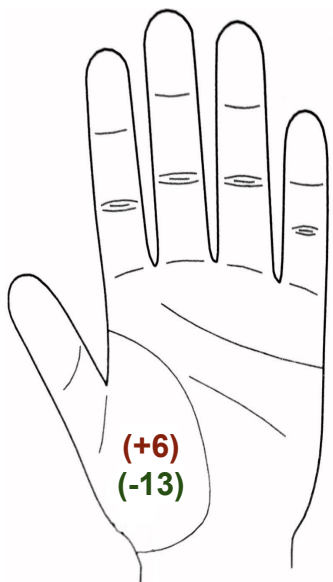
एड्रिनल ग्लैंड



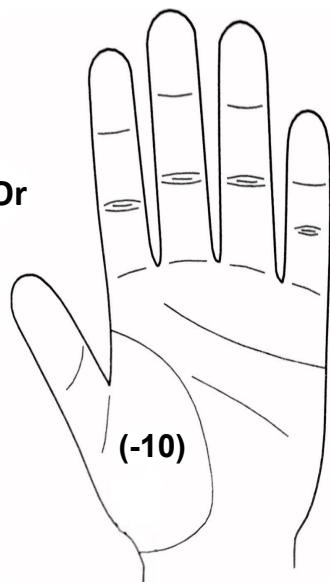
**(-46) (+42) Red Colour
on L.I. chakra
(For sex hormones, bleeding
& low B.p.)**

Angina Pain/ Artery Block

एनजाइना दर्द



Or



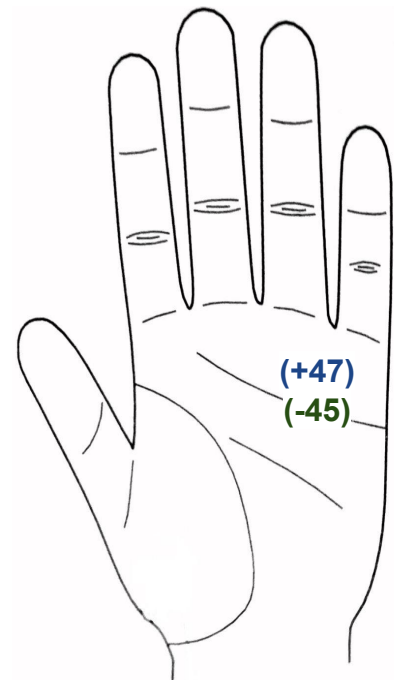
**(+6) Brown,
(-13) Green
Colour on H. Corp.**

**(-10) Black
On H. Corp.**

**Better to take proper
medicine**

Appendix

अनुबंध



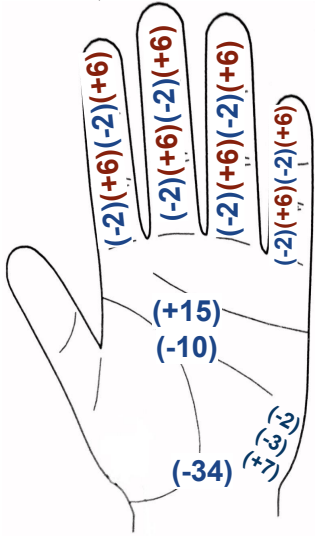
**(-45) Green,
(+47) Blue on Body Part & Corp.**

**A further medical treatment
is necessary.**

Arthritis गठिया

Without swelling

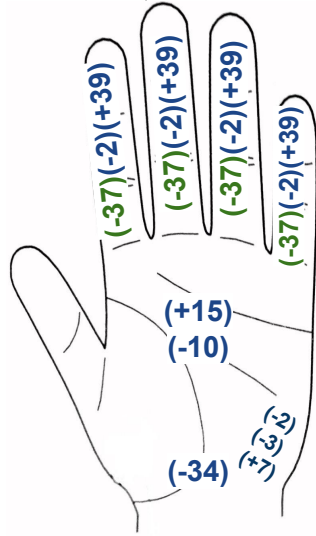
सूजन के बिना



(-2) Blue & (+6) brown
Color on arms &
legs Corp.
(-34) Blue
on St. Corp.
(-2-3+7) Blue
On Liv. Corp.
(+ 15 -10) Blue
On S.I. Corp.

With swelling

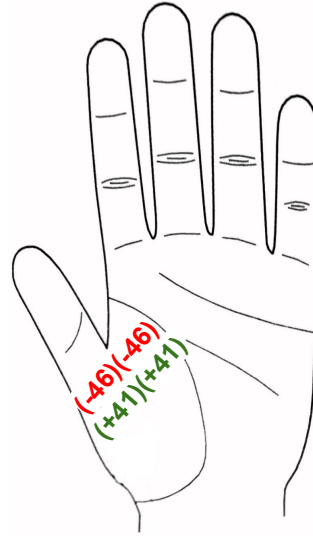
सूजन के साथ



(-2) (+39) Blue
(-37) Green on Arms &
legs corp
(-34) Blue
on St. Corp.
(-2-3+7) Blue
On Liv. Corp.
(+ 15 -10) Blue
On S.I. Corp.

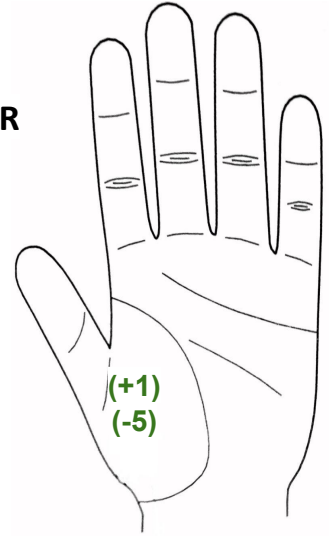
Asthma (Breathing Problem)

दमा,



(-46) Red Colour
(+41) Green Colour
On Lu. Corp.

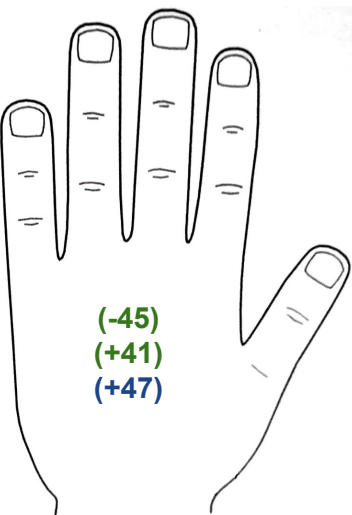
OR



(+1) (-5) Green Colour
on Wind chakra
Take proper
Medicine also

Boils फोड़े

फोड़े

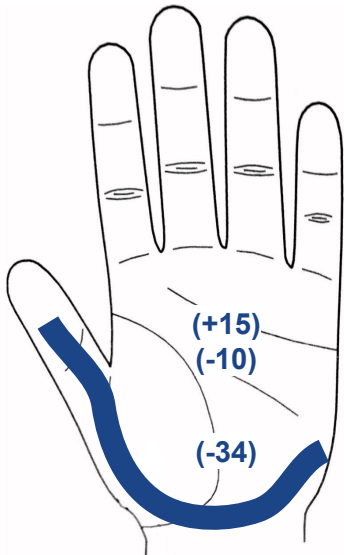


(-45) (+41) Green
(+47) Blue
On L.I. Chakra

Make a green circle
around the Boils.

Boils in mouth

मुंह में उबाल



(+15)(-10) Blue
on S.I.
(-34) Blue on St. Corp.

Draw a blue strip
on corp.

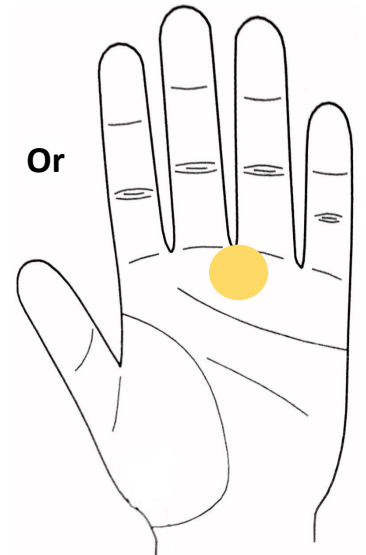
Bed Wetting/ Excessive urination

बिस्तर गीला



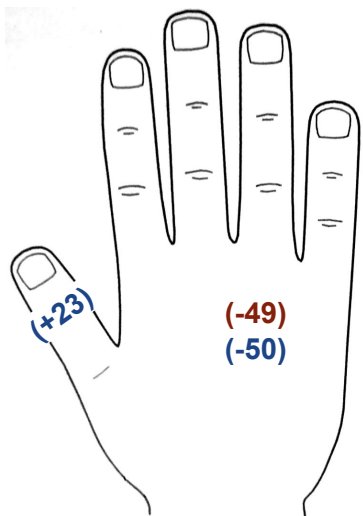
(-53) Green,
(-55) Yellow Colour on
Coldness Chakra

Or

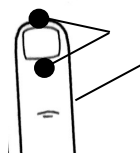


Bleeding (any part of body)

रक्तस्राव (कोई भी भाग)



&



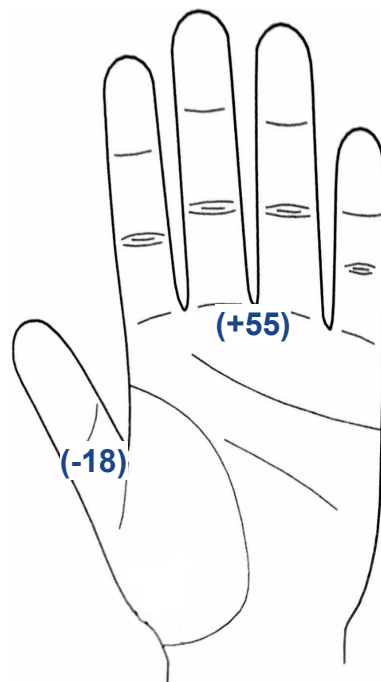
All Nails

(+23) Blue on S.I. Chakra,
(-49) Brown, (-50) Blue on Corp.

Keep ice/ turmeric powder or draw a black circle on the affected part

Bleeding From ENT

ईएनटी, नाक, मूत्र, मसूड़े, चोट



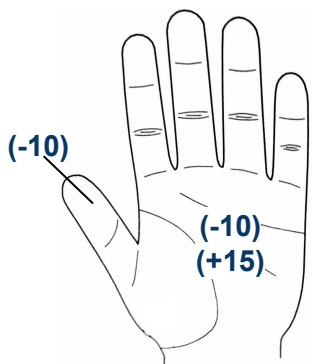
(-18) Blue on heat

(+55) Blue on coldness chakra

Bleeding

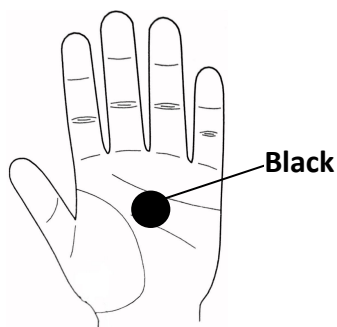
From Nose

नाक से



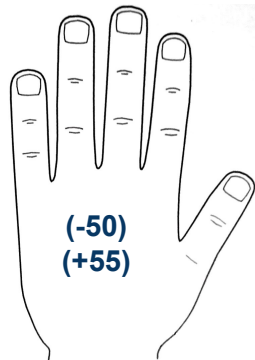
(-10) Blue on Nose corp.
(-10)(+15) Blue on S.I. Corp.

OR



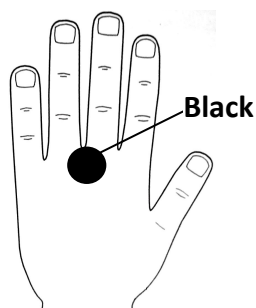
From Urine

मूत्र से



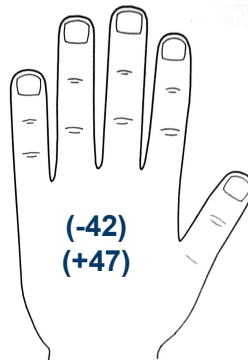
(-50)(+55) Blue on U.B. Chakra

OR



From Gums

मसूड़े से



(-42)(+47) Blue on L.I. Chakra

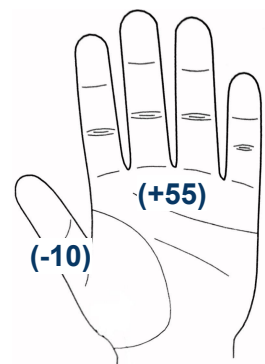
OR



All nails with Green border

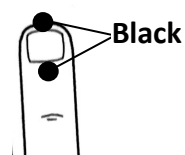
Injuries(Anywhere)

चोटें (कहीं भी)



(-10) on Heat
(+55) on coldness Chakra

OR

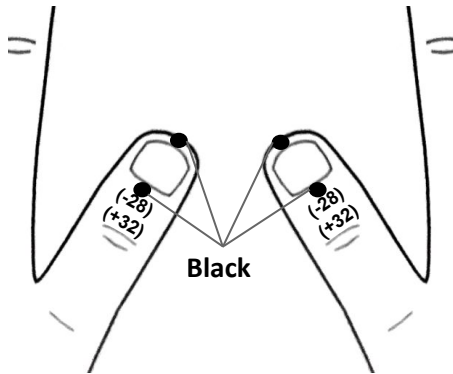


Left hand small finger

To control any bleeding eat sugar or sugarcane if not diabetic.

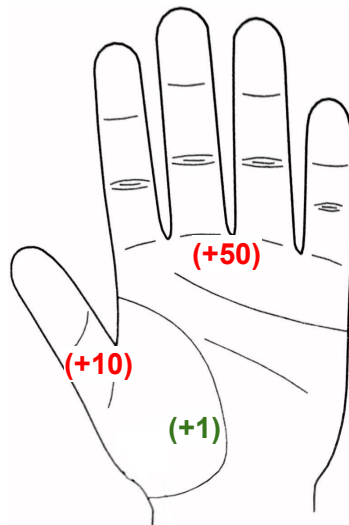
Blood Pressure रक्तचाप

High Blood Pressure
उच्च रक्तचाप

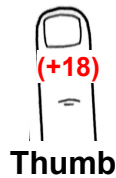


(+32) (-28)
Black Colour on Both the Thumbs.

Low Blood Pressure
कम रक्त दबाव

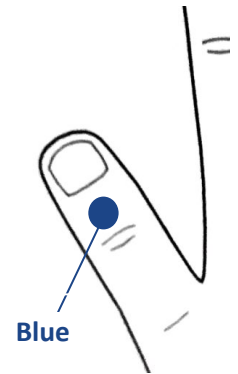


(+50) Red on Coldness chakra
(+10) Red on Heart Chakra
(+1) Green on Anahata Chakra



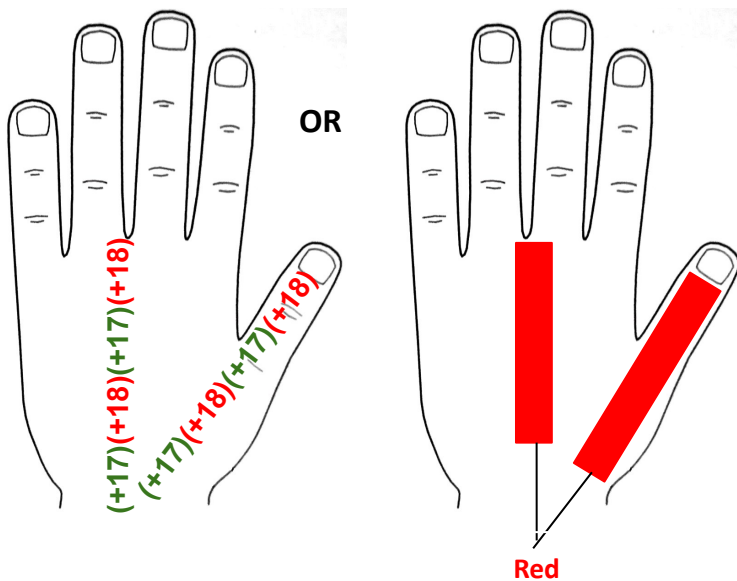
(+18) Red on TW Chakra

In case B.P. is fluctuating or not coming down
बी.पी. उतार चढ़ाव हो रहा है या नीचे नहीं आ रहा है



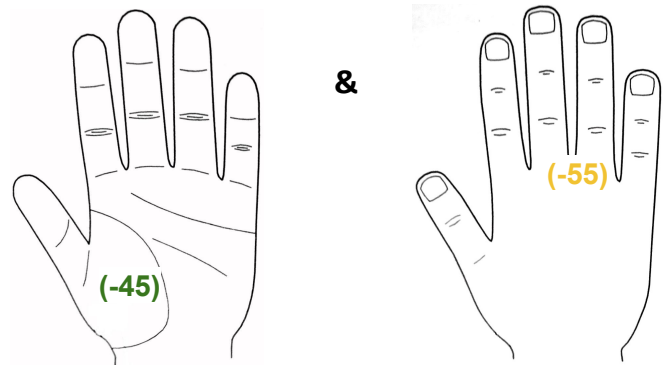
Right Thumb

Bone Bending
हड्डी झुकना



(+17) Green,
(+18) Red on GV

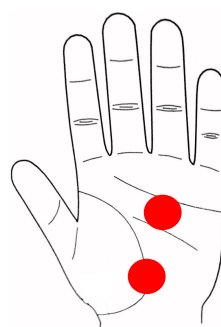
Cough & Cold
खांसी और सर्दी



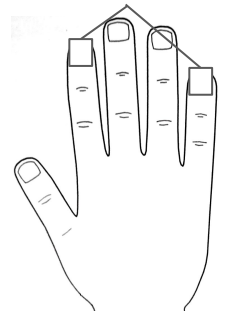
(-45) Green on Lungs Corp
(-55) Yellow on U.B. Chakra

Cough
खांसी

Red or White
Colour on nail



OR



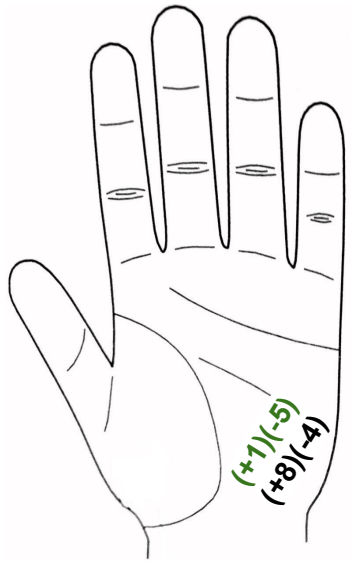
Right hand

Cancer

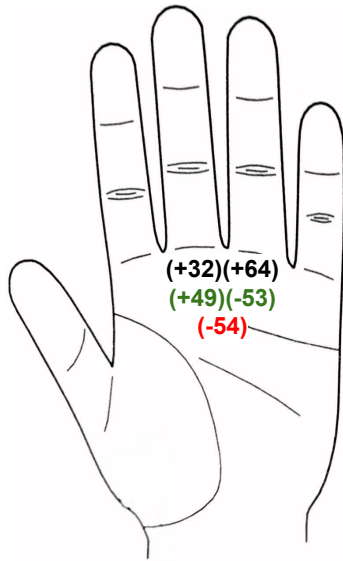
कैंसर

In Liver
जिगर में

In Uterus
गर्भाशय में



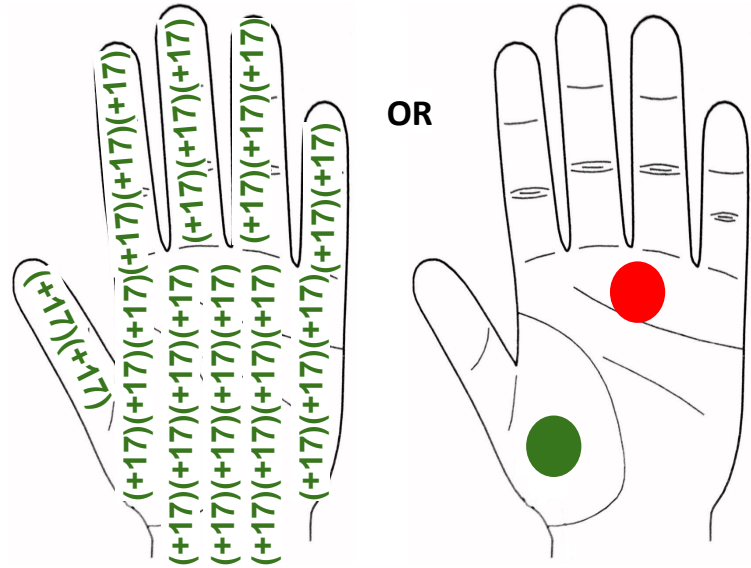
(+1)(-5) Green,
(+8)(-4) Black
On Liver Corp.



(+32)(+64) Black
(+49)(-53) Green
(-54) Red on
Uterus Corp.

Cranial nerve problem

कर्णियल तंत्रिका समस्या



(+17) Green on Brain
Corp or Full front palm

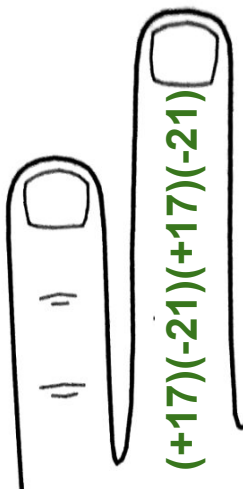
For: Sensory head/neck, Sinuses, Muscles of facial expression/ Hearing / Smell / Vision, Sensation of tongue, Taste, Muscles pharynx & larynx, Parasympathetic to neck, thorax, & abdomen etc.

Cervical Spondylitis

सर्वाइकल स्पॉन्डिलाइटिस

In case of continuous pain

लगातार दर्द होने पर

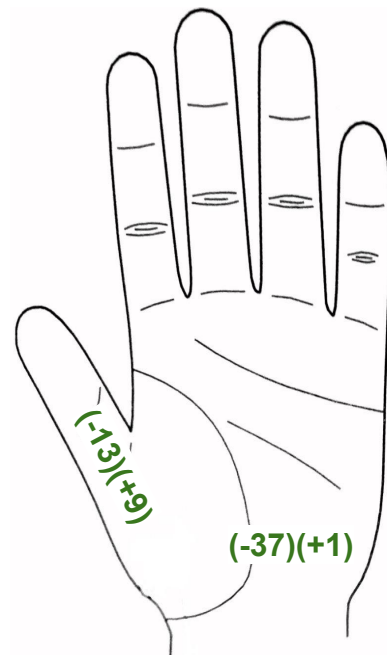


Left Ring Finger

(+17) (-21) Green on
Cervical & Corp.

Cholesterol

कोलेस्ट्रॉल



(-13)(+9) Green on Heat Chakra
(-37) Green on Humidity chakra
(+1) Green on Liv. corp

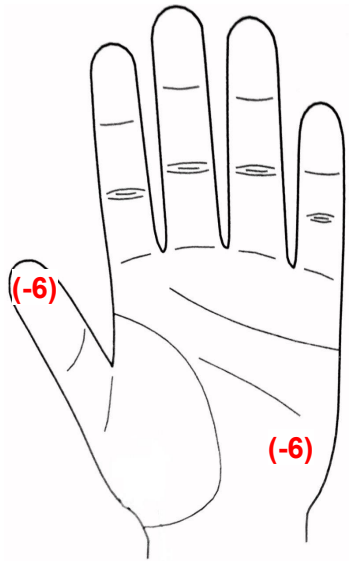
Eye Problems

नेत्र समस्या

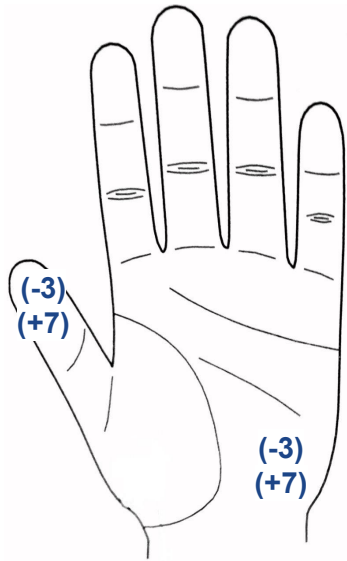
Near
पास

Far
दूर

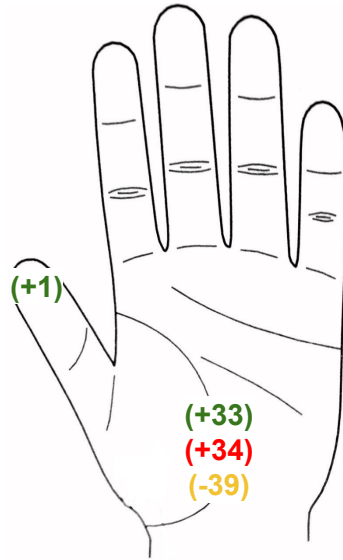
Cataract
मोतियाबिंद



**(-6) Red on
Eye & Liv. Corp.**

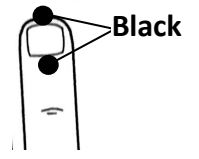


**(-3)(+7) Blue on
Eye & Liver Corp.**



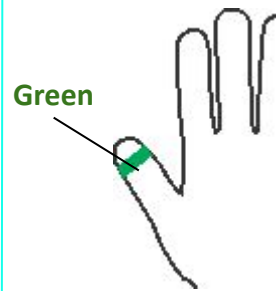
**(+1) Green on eye corp.
(+33) Green, (+34) Red &
(-39) Yellow on Humidity
Chakra.**

OR



**Left Small
Finger**

&



Green

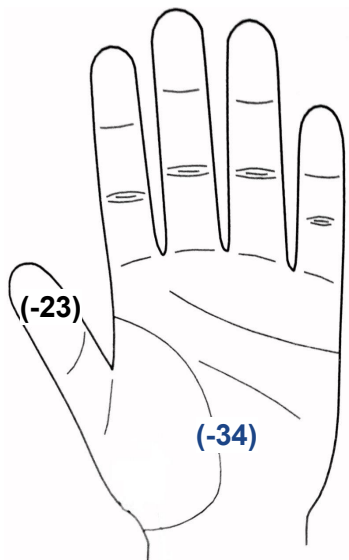
Conjunctivitis नेत्रश्लेष्मलाशोथ

For rashes
चकते के लिए

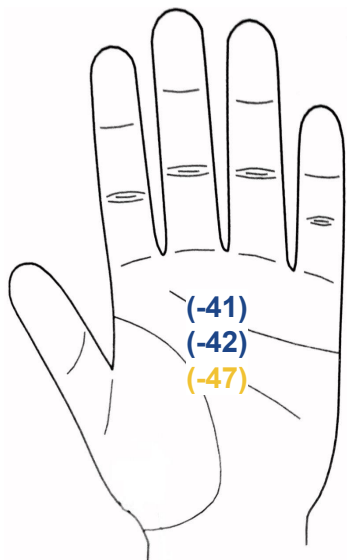
For itching
खुजली के लिए

For watering
eyes/ swelling
आँखों में पानी/सूजन के लिए

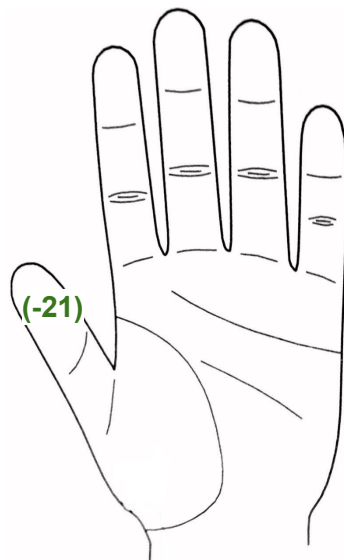
Infection
संक्रमण



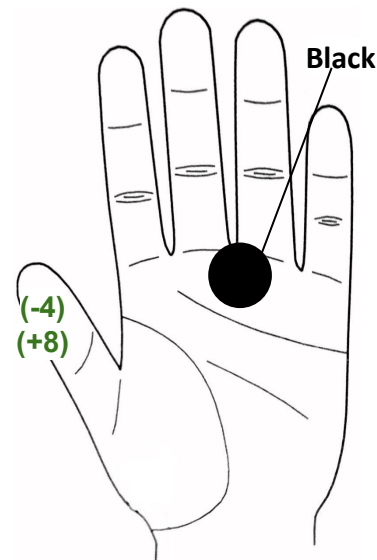
**(+23) Black on corp.
(-34) Blue on Humidity
Chakra**



**(-41), (-42) Blue,
(-47) Yellow colour
Dryness chakra**



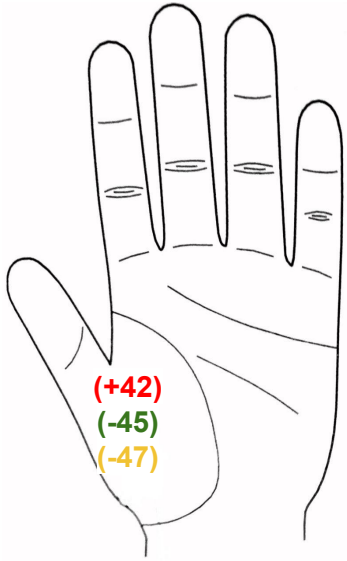
**(-21) Green
on eye corp.**



**(-4) (+8) Black on
Eyes corp.**

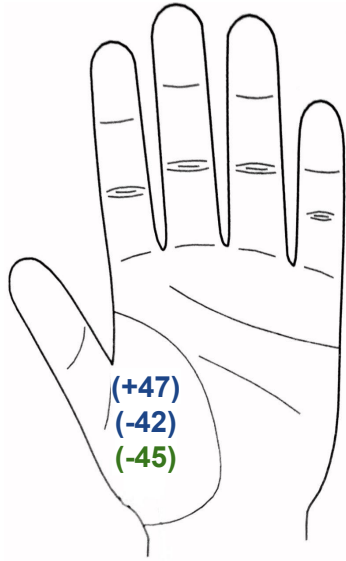
Cold
सर्दी

Winter
सर्दी



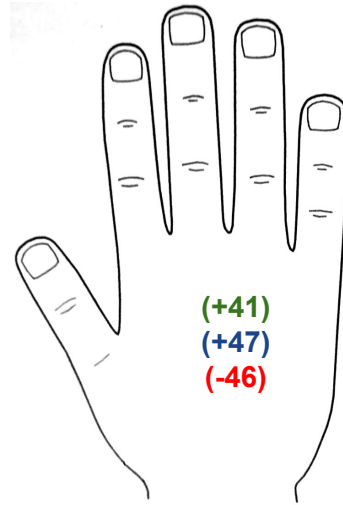
(-47) Yellow,
(+42) Red,
(-45) Green
Colour on Lu. Corp.

Summer
गर्मी में



(+47)(-42) Blue,
(-45) Green
on Lu. Corp.

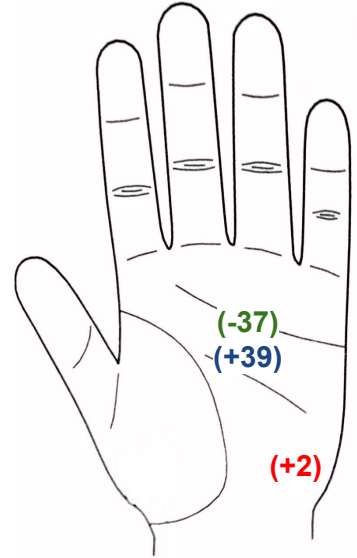
Constipation
कब्ज



(+41) Green, (+47) Blue,
(-46) Red on L.I. Chakra.

Take one spoon of
Fenugreek (Methi) with
water after dinner.

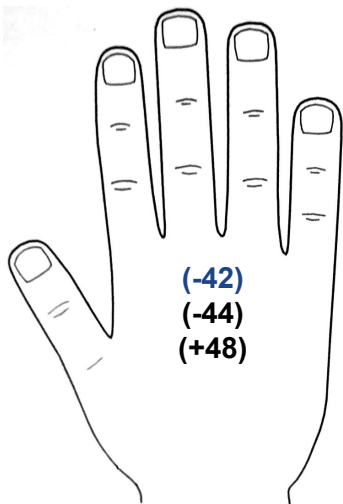
**Gastric/
Flatulence**
गैस्ट्रिक / पेट फूलना



(-37) Green, (+39) Blue,
on Lu Chakra.

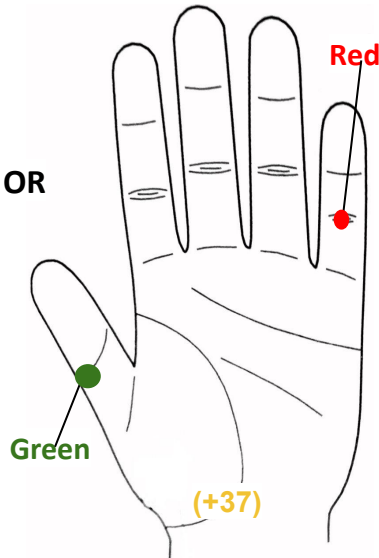
(+2) Red on Liv. Corp

Dysentery / Loose Motion
पेचिश / लूज मोशन

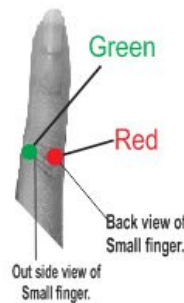


(-44)(+48) Black,
(-42) Blue on L.I.
Chakara

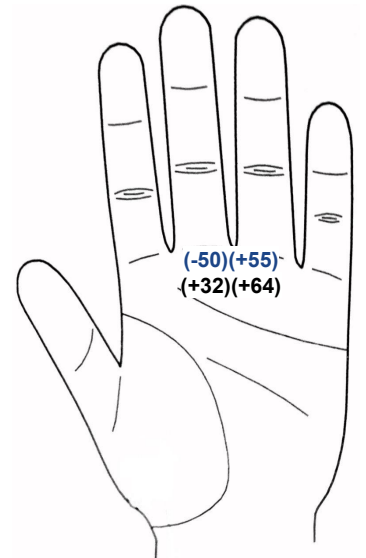
OR



(+37) Yellow on
St. Corp



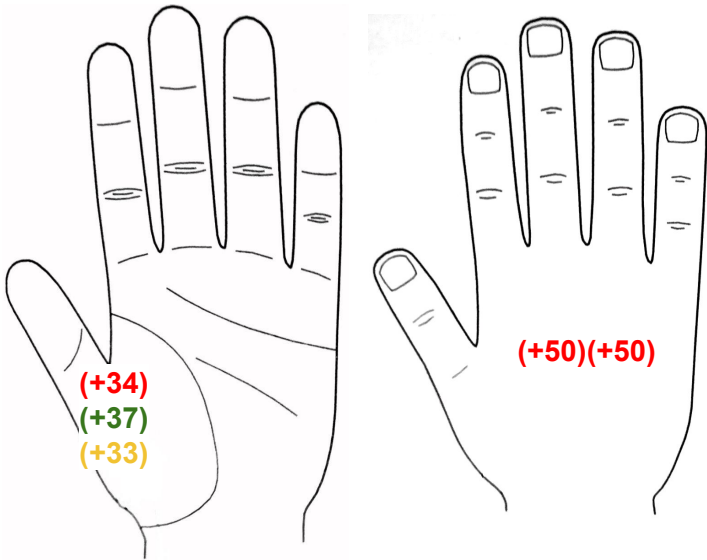
For Dyria
डायरिया



(-50)(+55) Blue,
(+32)(+64) Black
on Coldness chakra.

Diabetes (High)

मधुमेह (उच्च)

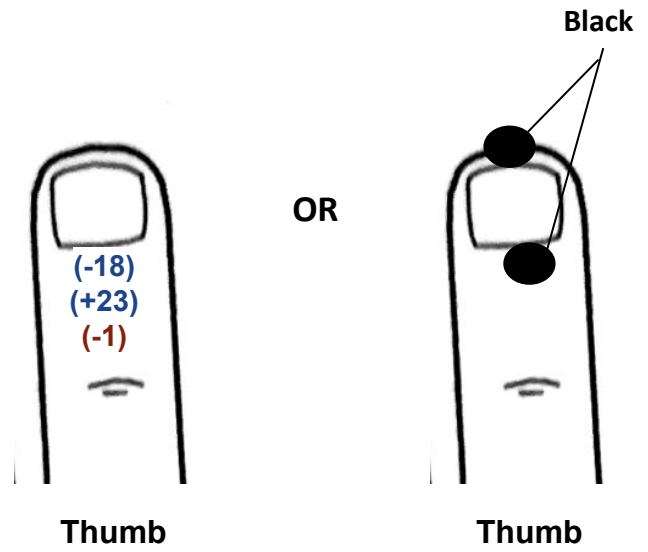


**(+33) Green, (+34) Red
(+37) Yellow on
Pancreas Corp.
Apply as per your
requirement.
Walk for 40 minutes.**

**(+50) Red
on Kidney Corp.**

Dizziness

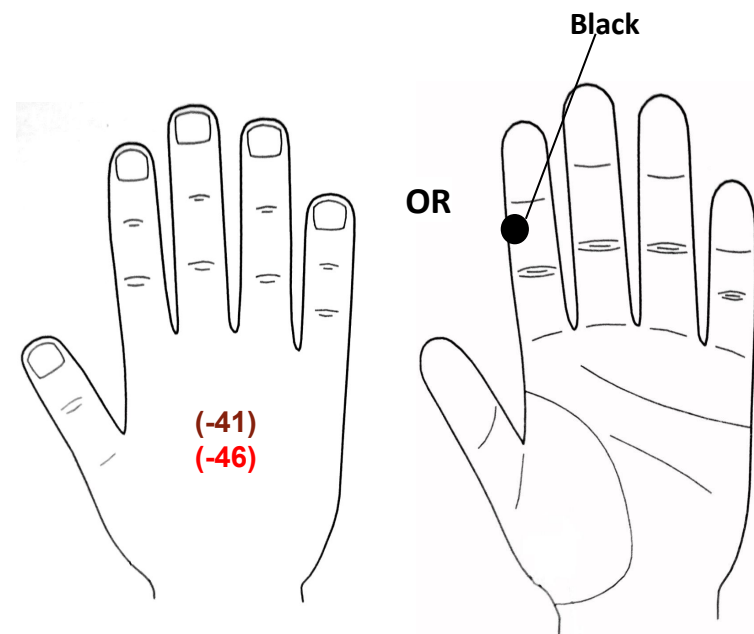
चक्कर आना



**(-18) (+23) Blue,
(-1) Brown on
Brain Corp**

Eczema Skin

एक्जिमा त्वचा



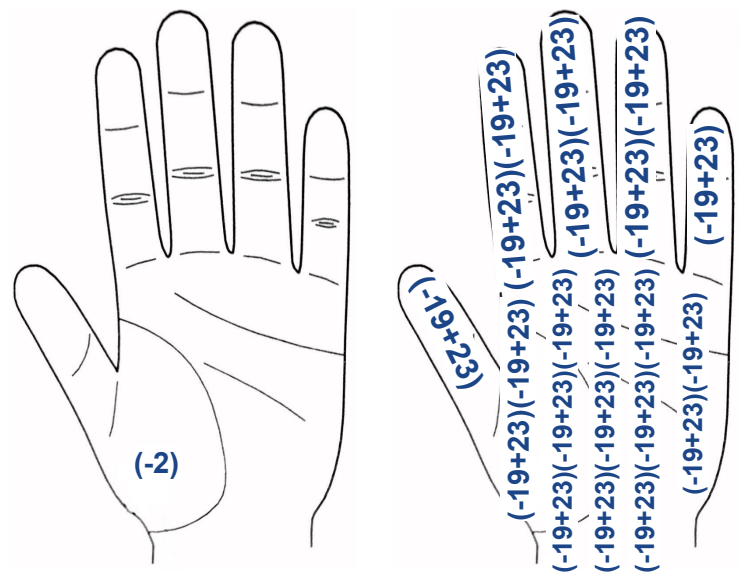
**(-41) Brown, (-46) Red
on L.I. Chakra.**

Fever

बुखार

Winter
सर्दी में

Summer
गर्मी में



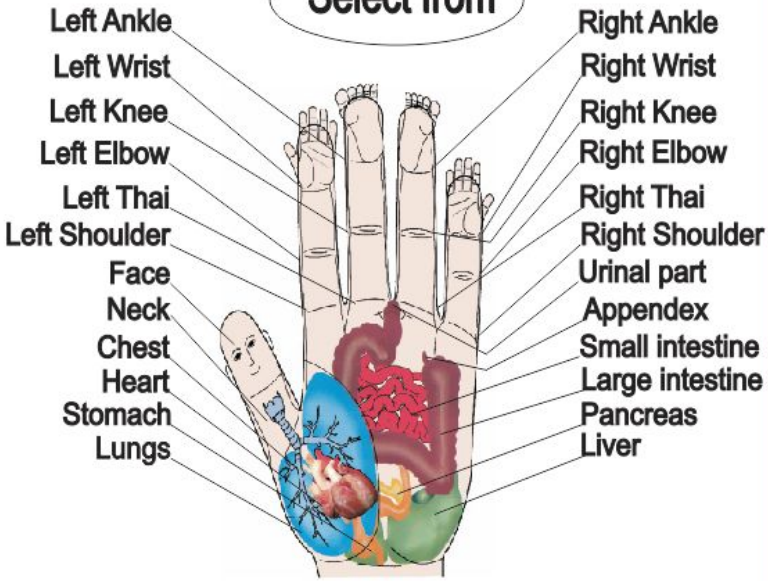
**(-2) Blue
On wind chakra**

**(-19) (+23) Blue
On Full Palm**

Finger lock/ Body Cramps

फिंगर लॉक

Select from



(+1) Green (+2) Red
On joints on the back side of the palm

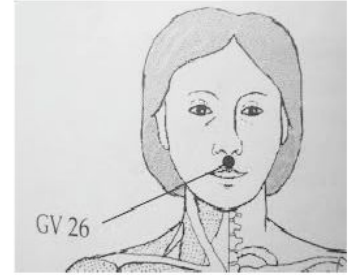
Fainting

बेहोशी

For high B.P.



For Low B.P.



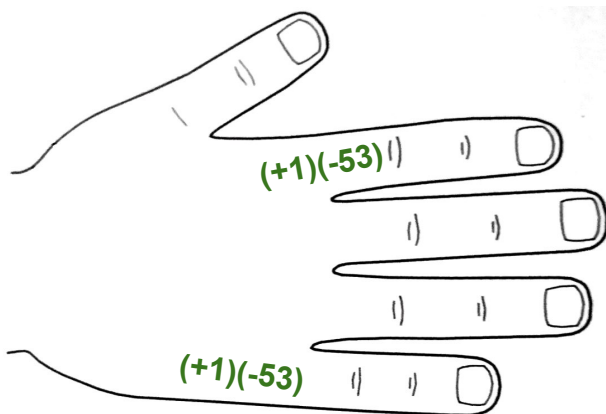
& Apply moxa (heat up with incense as shown) on the prescribed point

Press with finger- For high B.P: On foot & For Low B.P.: Below nose as required

Note: Apply carefully with full observation

Frozen Shoulder

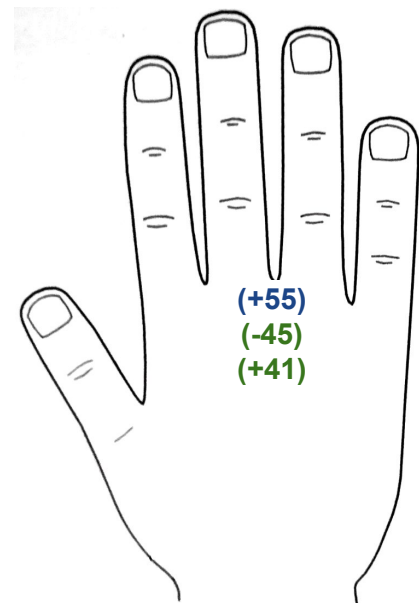
जमे हुए कंधे



(+1)(-53) Green on shoulder corp.

Fistula

नासूर

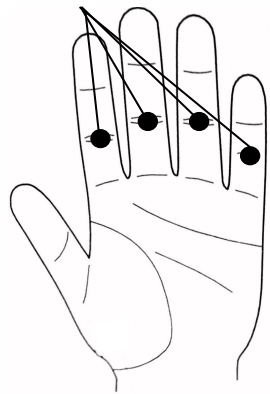


(+55) Blue, (-45)(+41) Green On Anal Corp.

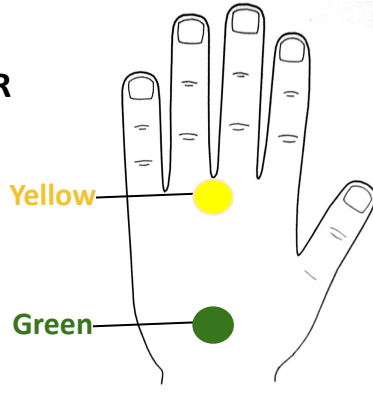
Food Poisoning / Gastric

विषाक्त भोजन

Apply Moxa
with Incense

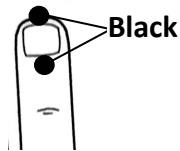


OR



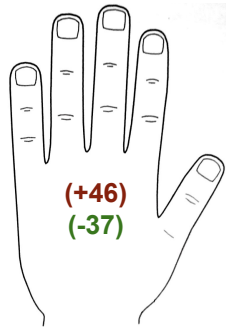
Yellow

Green



Black

All Nails

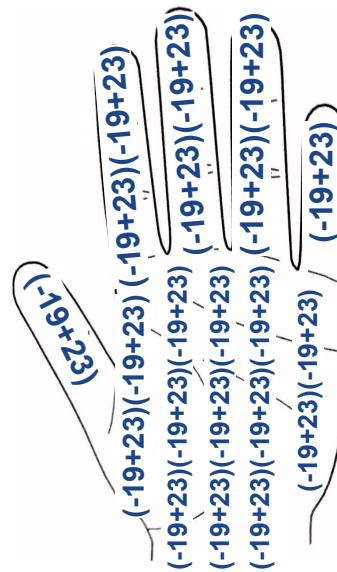


(+46)
(-37)

(-37) Green on St. Corp
(+46) Brown on L.I.
Chakra

Half Mind

मंदबुद्धि



&

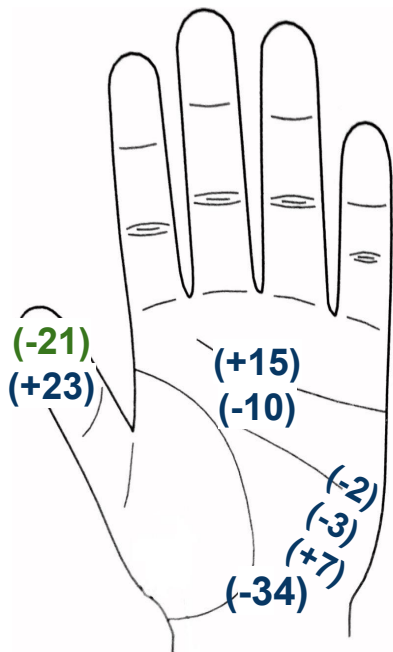


All nails with
Black border

(-19) (+23) Blue
On Full Palm

Fits / Hysteria

फिट / हिस्टीरिया



(-21)
(+23)

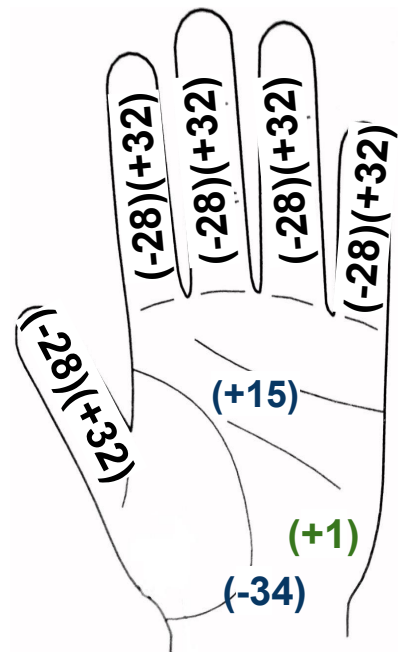
(+15)
(-10)

(-34)
(-2)
(-3)
(+7)

(-34) Blue on St. Corp.
(-2)(-3)(+7) Blue on Liv. Corp.
(+15 -10) Blue on S.I Corp
(-21) Green, (+23) Blue on Brain Corp.

Epilepsy

मिरगी



(-28)(+32)

(-28)(+32)

(-28)(+32)

(-28)(+32)

(+15)

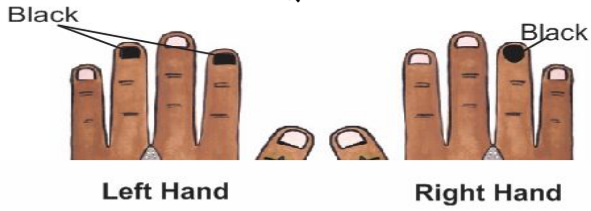
(+1)

(-34)

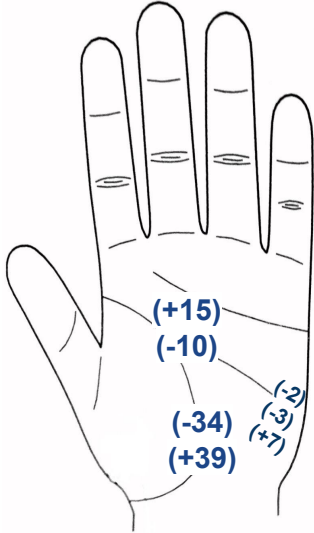
(-34) Blue on St. Corp.
(+1) Green Colour on Liver Corp.
(+15) Blue on S.I. Corp.
(-28) (+32) Black on Brain Corp.

Heat Stroke

लू लगना



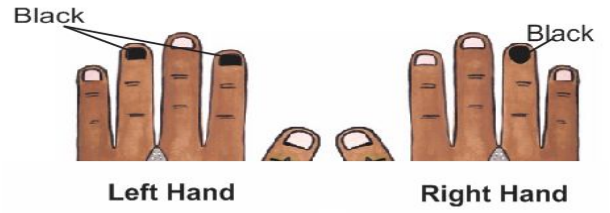
OR



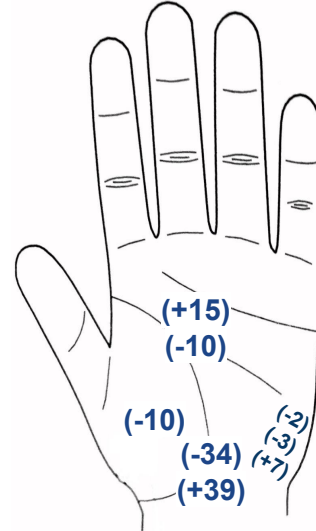
**(-2-3+7) Blue on liv. Corp; (-34)(+39) Blue st. corp.
(-10+15) Blue on s.i. corp.**

Heart Stroke

दिल की घात



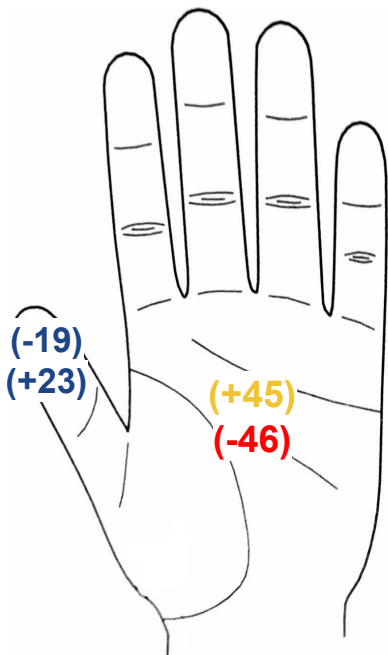
&



**(-2-3+7) Blue on liv. Corp; (-34)(+39) Blue st. corp.
(-10+15) Blue on s.i. Corp; (-10) Blue on H. Corp**

Hair Loss (A)

बालों का झड़ना (ए)

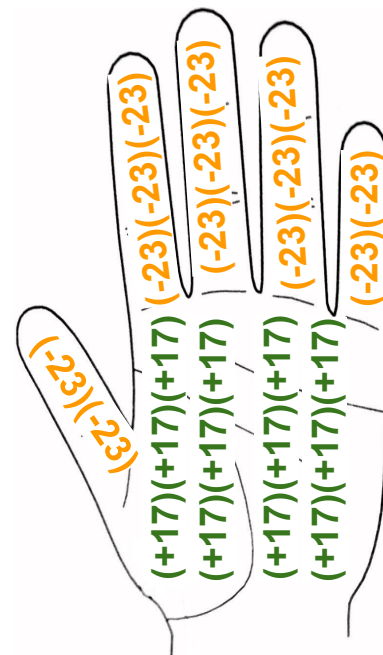


(-19)(+23) Blue on Brain Corp.

**(+45) Yellow, (-46) Red
On Dryness chakra**

Hair Loss (B)

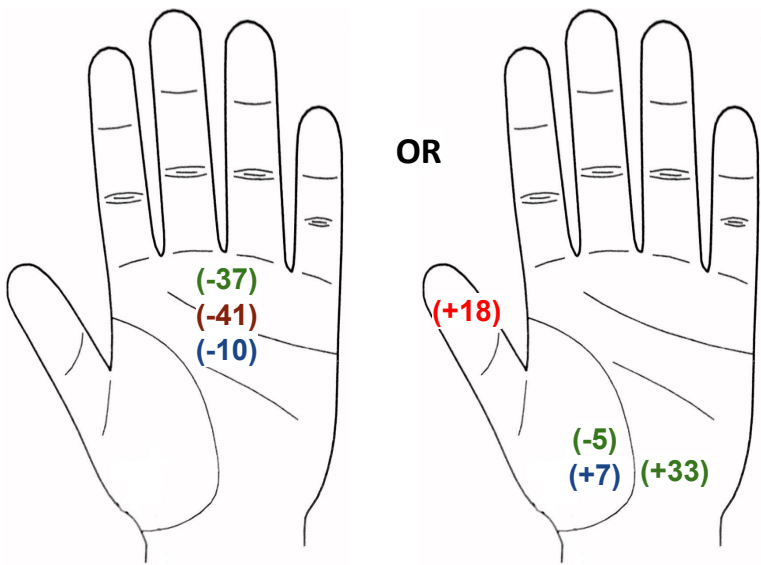
बालों का झड़ना (बी)



(+17) Green

(-23) Orange on Brain Corp.

Hernia
हरनिया

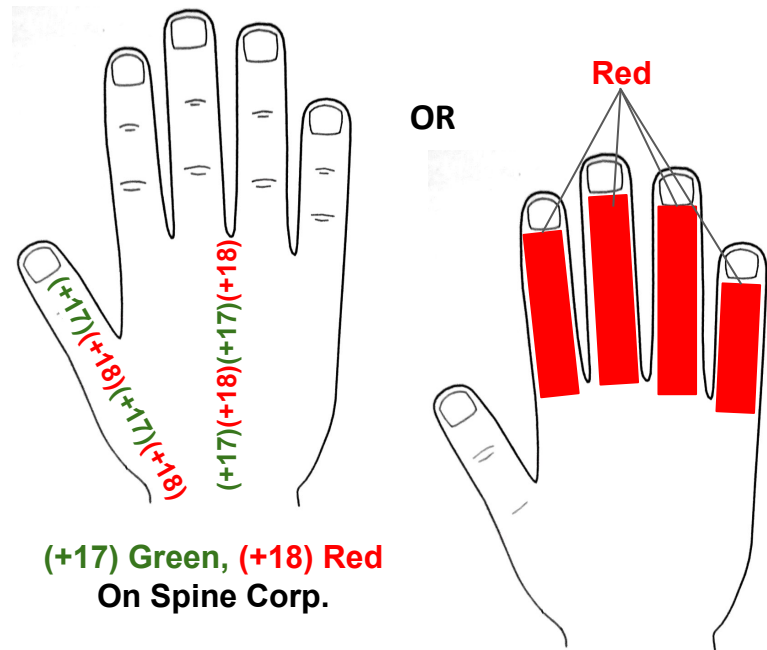


(-37) Green, (-10) Blue, (-41) Brown on corp.

(-5) Green, (+7) Blue On wind chakra
(+18) Red on Heat chakra
(+33) Green on Humidity chakra

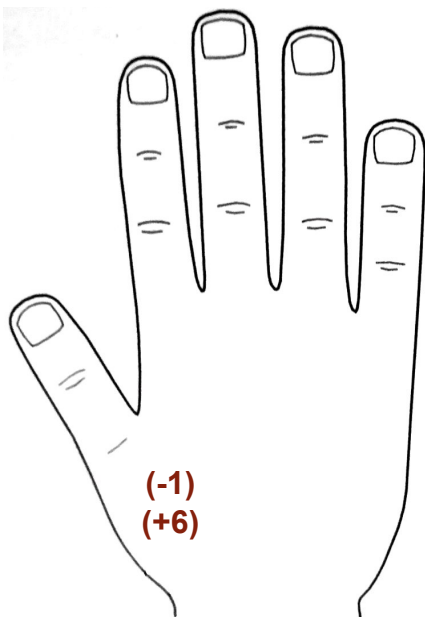
Also apply the same on the affected area.

Height Increase
ऊंचाई में वृद्धि



(+17) Green, (+18) Red On Spine Corp.

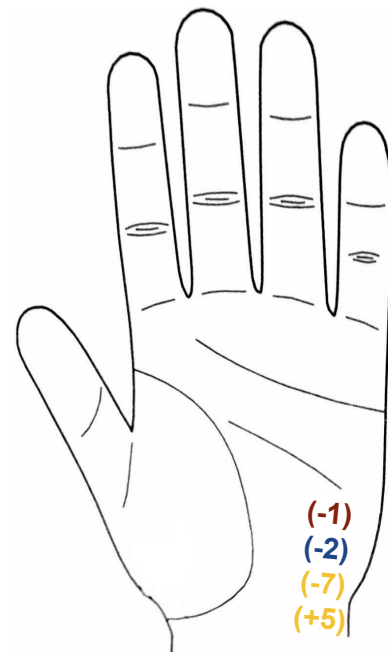
Hiccups
हिचकी



(-1) (+6) Brown on G.B Chakra

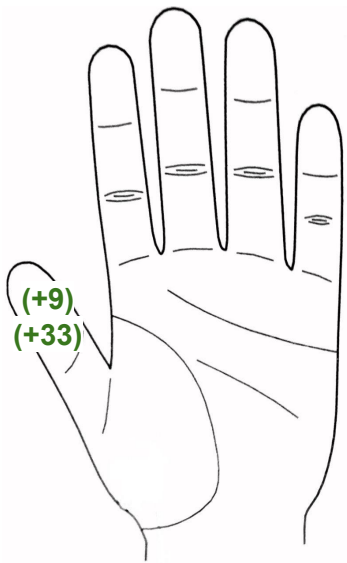
Keep ice on the Navel Area for some time

Hepatitis/ Jaundice
पीलिया/हेपेटाइटिस



(-1) Brown, (-2) Blue, (+5)(-7) Yellow on Liv. Corp.

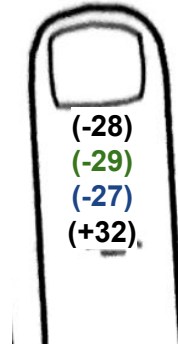
Hearing Problem
सुनने की समस्या



(+33)(+9) Green
On Both Ear Corp.

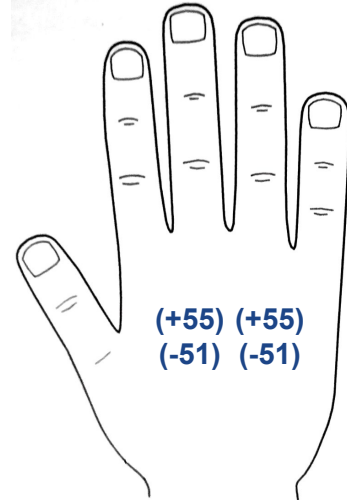
Head becomes Big &
body become small

सिर बड़ा और शरीर छोटा हो जाता है



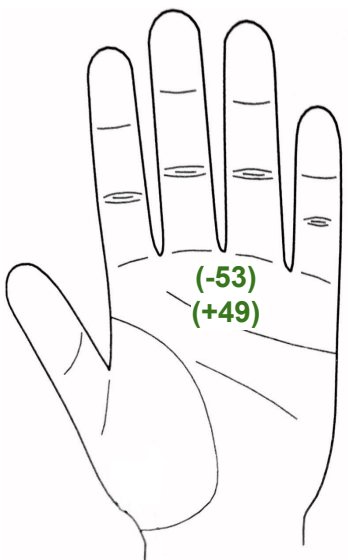
Thumb

(-28) Black, (-29) Green,
(-27) Blue, (+32) Black,
On TW Chakra



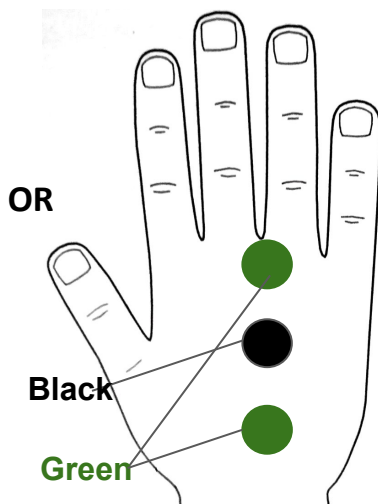
(+55) (-51) Blue
On Kidney Corp.

Hydrocele
जलवृषण

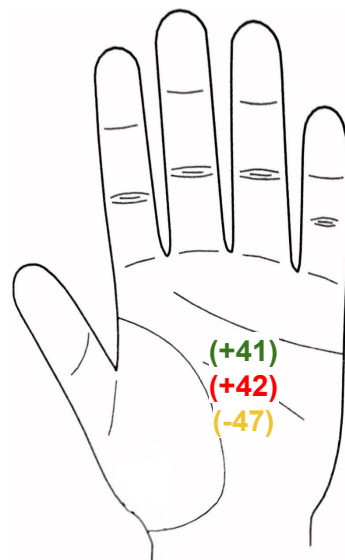


(-53) (+49) Green
On Testical Corp

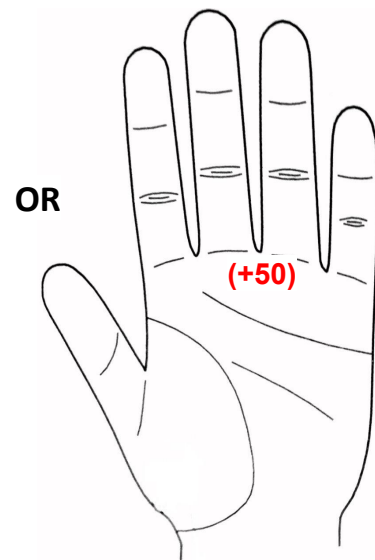
Also apply on
Testicals.



Impotence/ Premature ejaculation
नपुंसकता

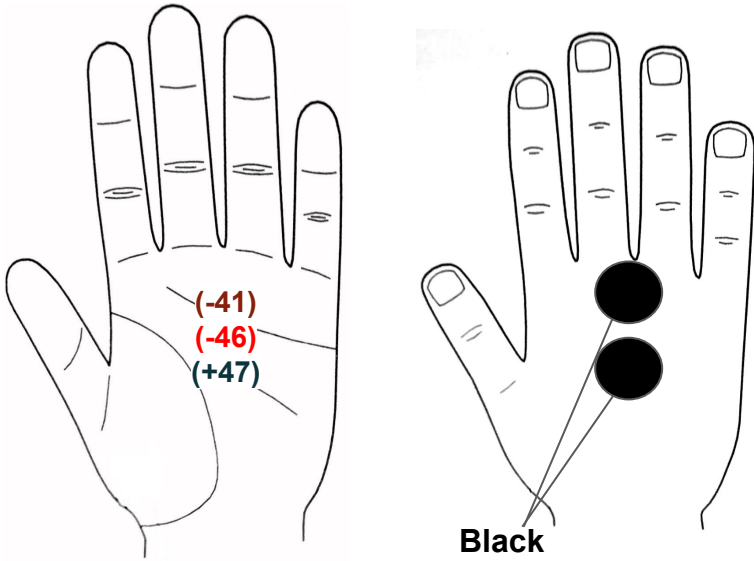


(+41) Green, (+42) Red,
(-47) Yellow
On Dryness Chakra



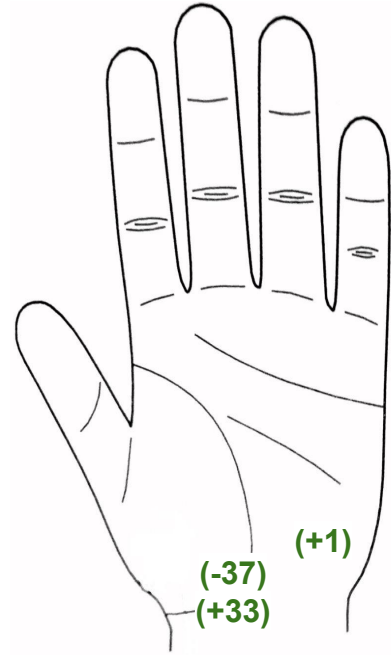
(+50) Red on
Corp.

Itching
खुजली



(+47) Blue,
(-41) Brown, (+46) Red
on Lu. Chakra

Indigestion
खट्टी डकार



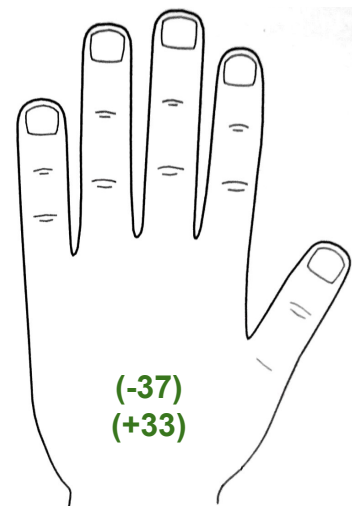
(-37)(+33) Green on St. Corp.
(+1) Green on Liv. Corp.

Insomnia
अनिद्रा



(-19) (+23) Blue
On Full Palm
(+5) Yellow
On G.B. Corp

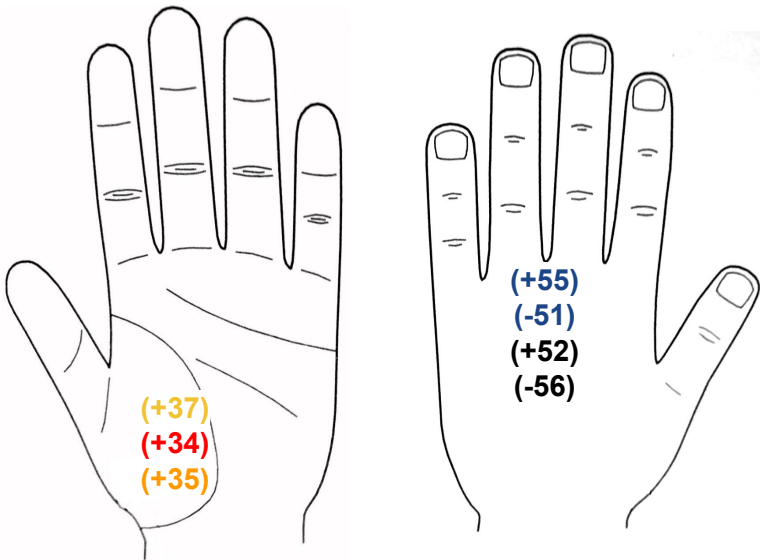
Jaw Locking
जाँ लॉकिंग



(-37)(+33) Green
on Humidity Chakra

Kidney Problem

गुर्दे की समस्या

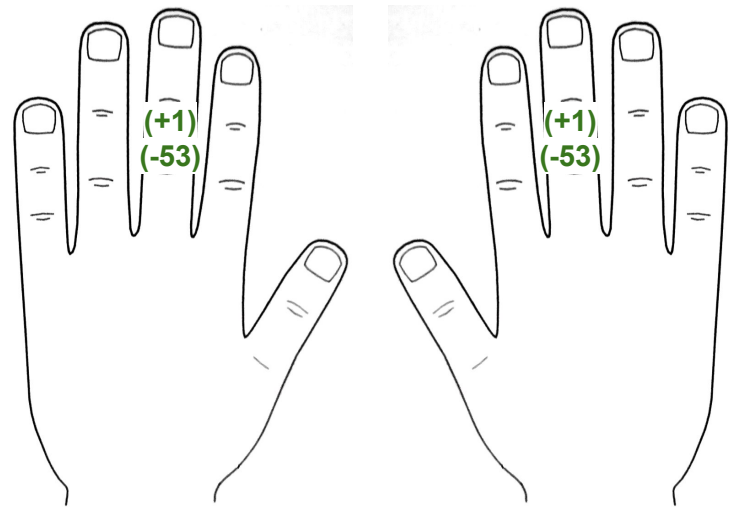


(+37) Yellow, (+34) Red, (+35) Orange
on spleen Corp.

(+52)(-56) Black, (+55)(-51) Blue
On Coldness chakra.

Knee Problem

घुटने की समस्या



Left Hand

Right Hand

(-53)(+1) Green On Knee Corp.

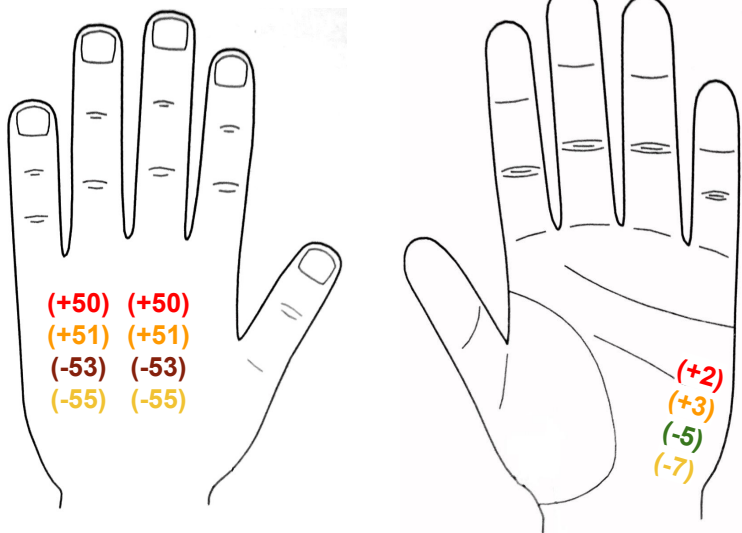
**Do Moxa (Heat with incense 4 - 5 min)
& Draw a Green Circle around the affected area**

Kidney Stone

गुर्दे की पथरी

Gallbladder Stone

पित्ताशय पत्थर



(+50) Red, (+51) Orange, (-53) Brown, (-55) Yellow
on Kidney Corp.

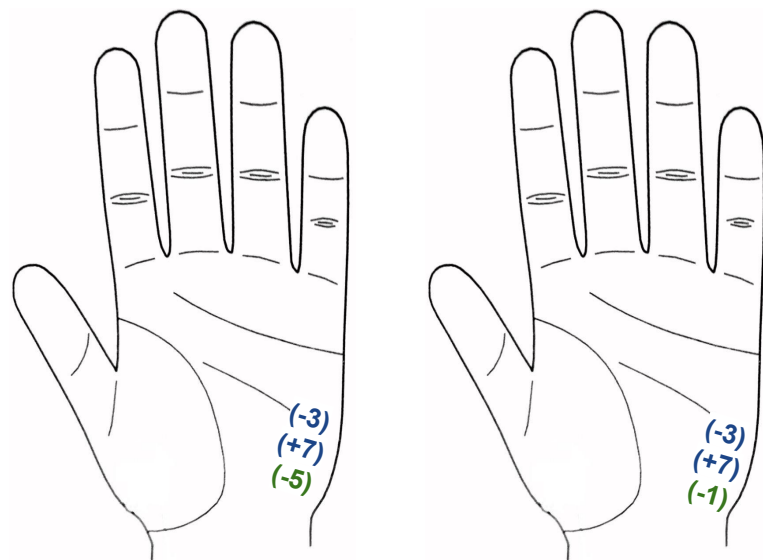
(+2) Red, (+3) Orange, (-5) Green, (-7) Yellow
On Liv. corp.

Liver Enlargement

जिगर इजाफ़ा

Liver Psoriasis

लीवर सोरायसिस



(-3) (+7) Blue, (-5) Green,
On Liver Corp.

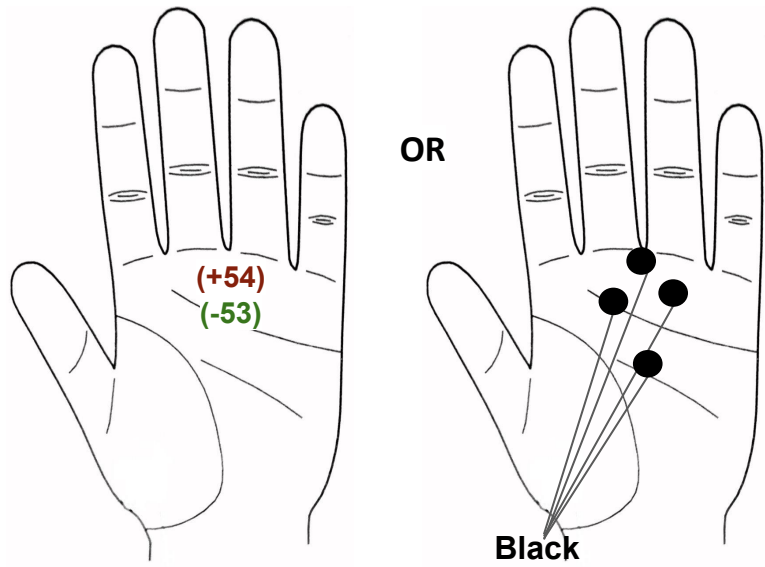
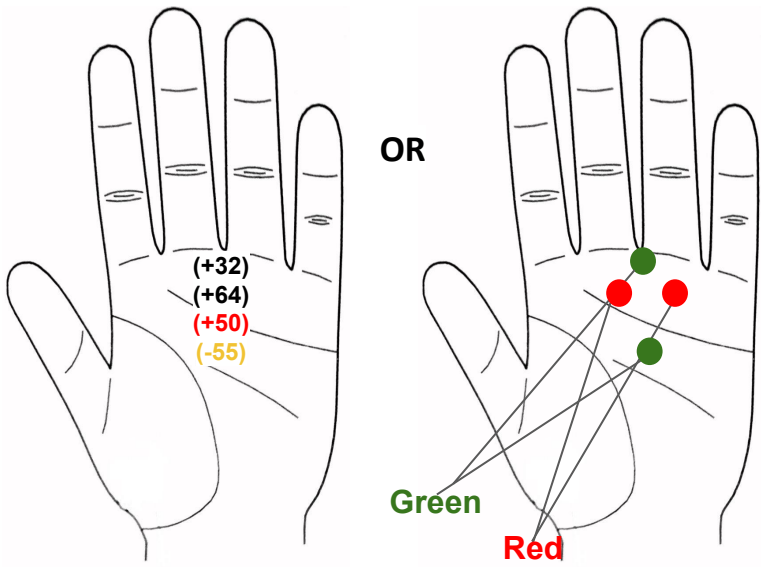
(-3) (+7) Blue, (-1) Green,
On Liver Corp.

Ladies Problem

Ovary cyst
ओवरी सिस्ट

Leucorrhoea
(White Discharge)

प्रदर



(+32) (+64) Black,
(+50) Red,
(-55) Yellow
on Uterus Corp.

(-53) Green,
(+54) Brown
on Uterus Corp.

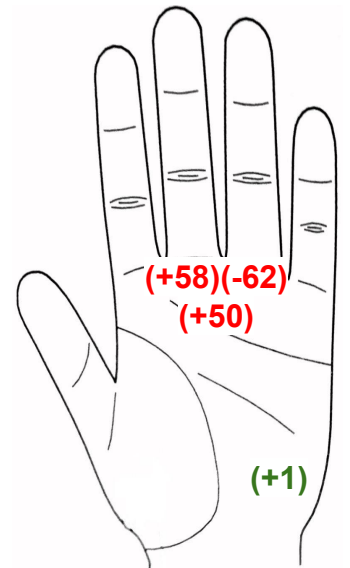
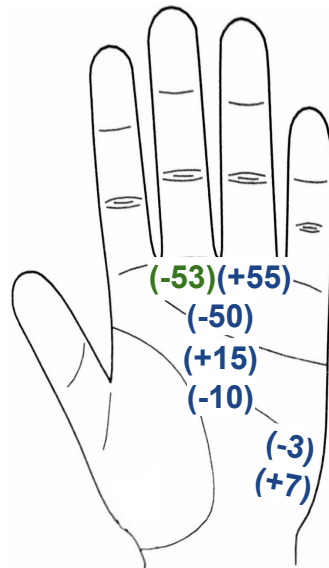
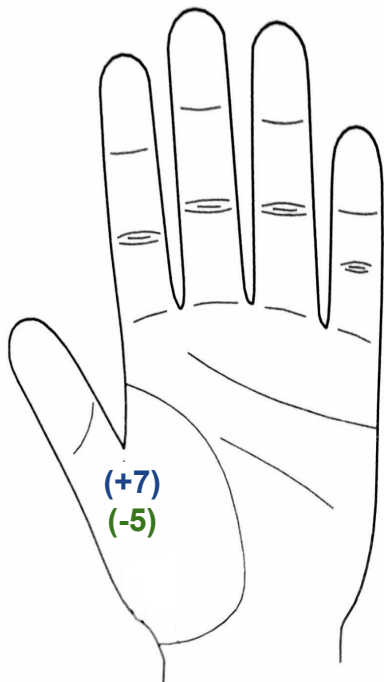
Breast Swelling
स्तन सूजन / गांठ

Menstrual cycle

Excess
अधिक

मासिक धर्म चक्र

Less
कम



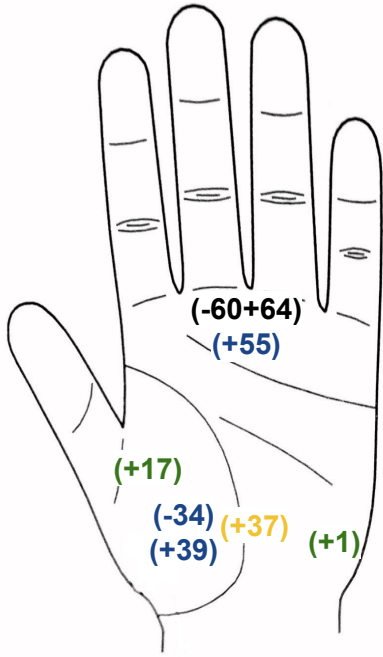
(-5) Green, (+7) Blue
On Breast Corp.

(-53) Green,
(+55) (-50) Blue,
Colour on Uterus Corp.
(-3) (+7) Blue
on S.I. corp
(+15) (-10) Blue
on S.I. corp
Better to take proper medicine

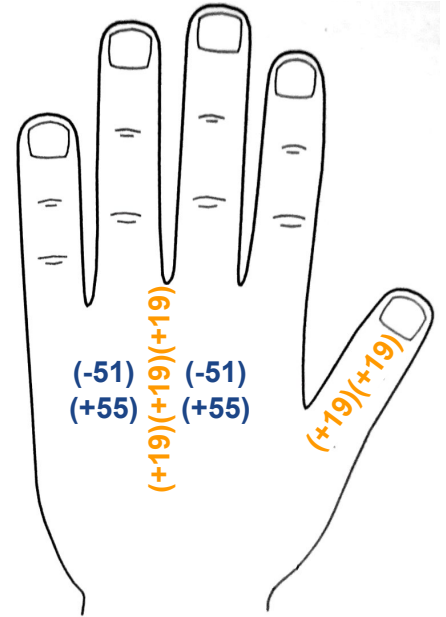
(-62)(+58)(+50) Red,
On Uterus Corp.
(+1) Green
On Liver Corp.

Muscular Problems

पेशीय समस्या



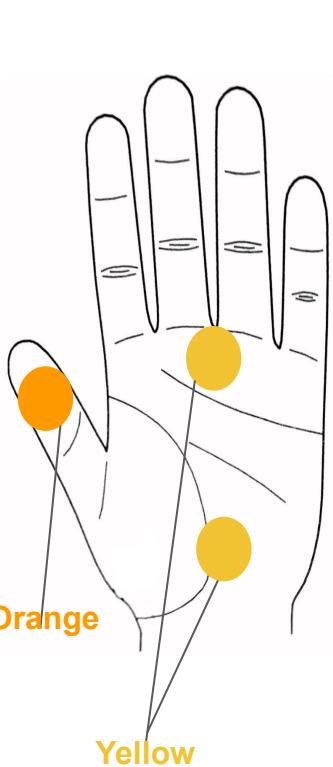
(-60)(+64) Black on Homo Chakra
(+55) Blue On Muladhar Chakra
(-34)(+39) Blue On Spleen Corp.
(+17) Green on Anahata Chakra
(+1) Green on Liv. Corp.
(+37) Yellow on Manipura Chakra



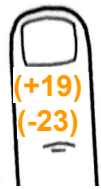
(+19) Orange on Spine Corp.
(-51) (+55) Blue On Kidney Corp

Memory Problem (Old)

स्मृति समस्या (पुरानी)



OR



Thumb

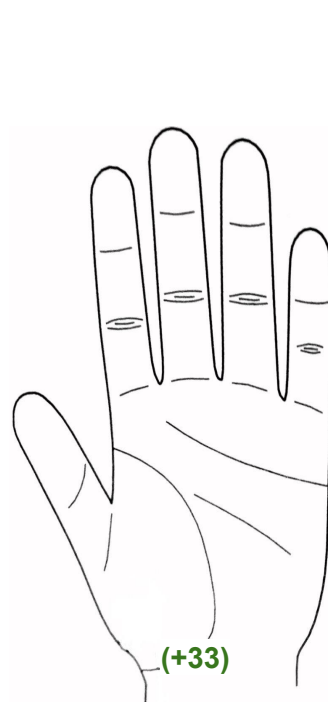
(+19) (-23) Orange on Brain Corp. And hold ice as per your capacity



(+37) Yellow on Sp Corp.

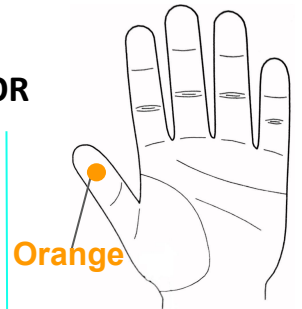
Memory Problem (Recent)

स्मृति समस्या (अभी की)

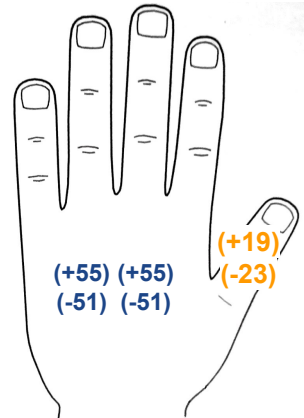


(+33) Green on St. Corp.

OR

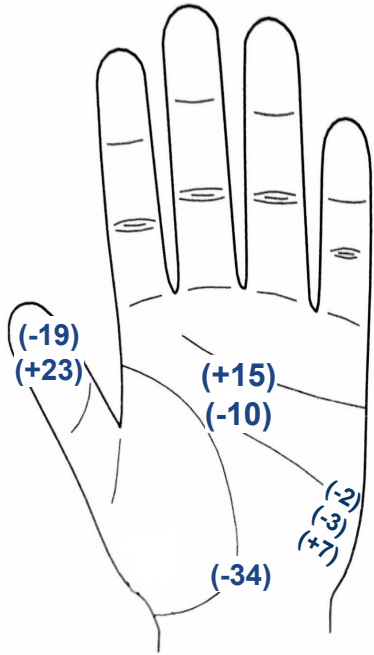


Orange



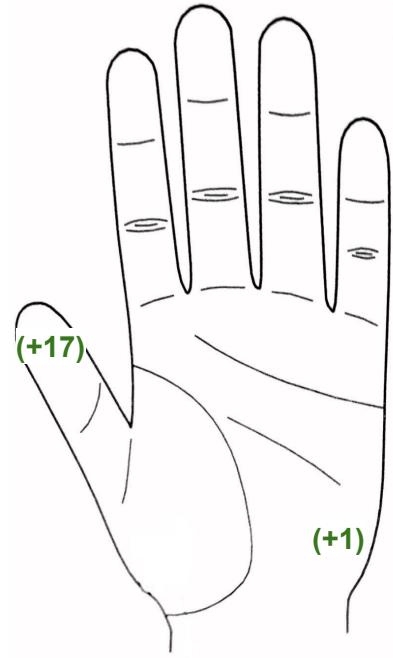
(+55)(-51) Blue On Kidney Corp.
(+19)(-23) Orange On Brain Corp.

Migraine
माइग्रेन



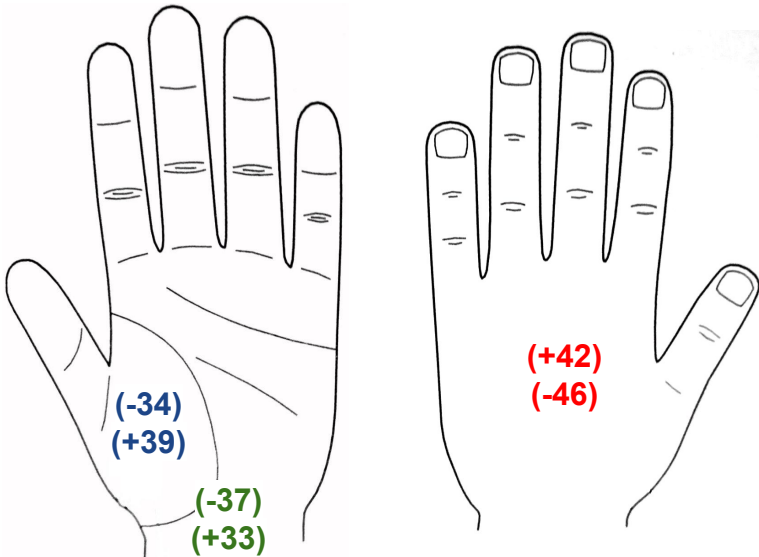
(-19)(+23) Blue on Brain Corp.
(+15)(-10) Blue on S.I. Corp.
(-2)(-3)(+7) Blue on Liv Corp.
(-34) Blue on St Corp.

Night Blindness
रतौंधी



(+17) Green on Hotness Chakra
(+1) Green on Liv. Corp.

Obesity
मोटापा

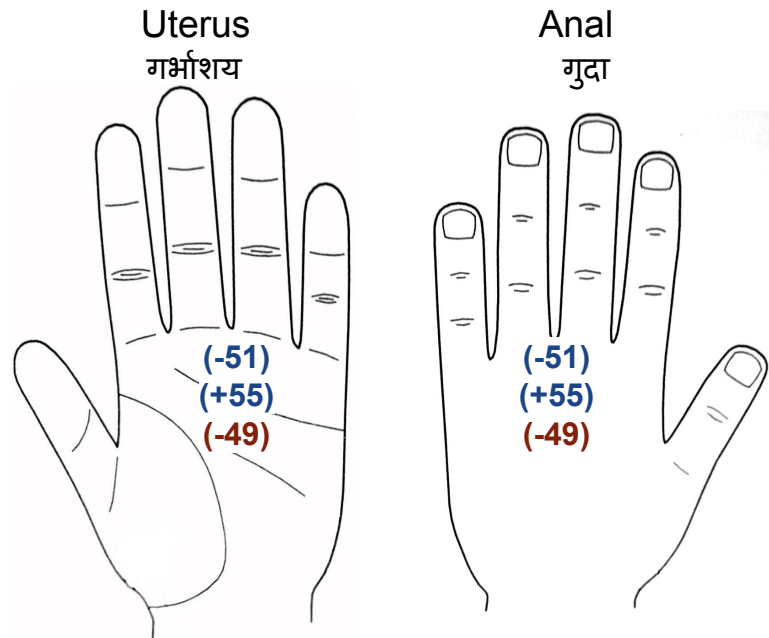


(-34)(+39) Blue on Spleen Corp

(+42)(-46) Red on L.I. Chakra.

(-37)(+33) Green on St Corp.

Prolapse
आगे को बढ़ाव गर्भाशय



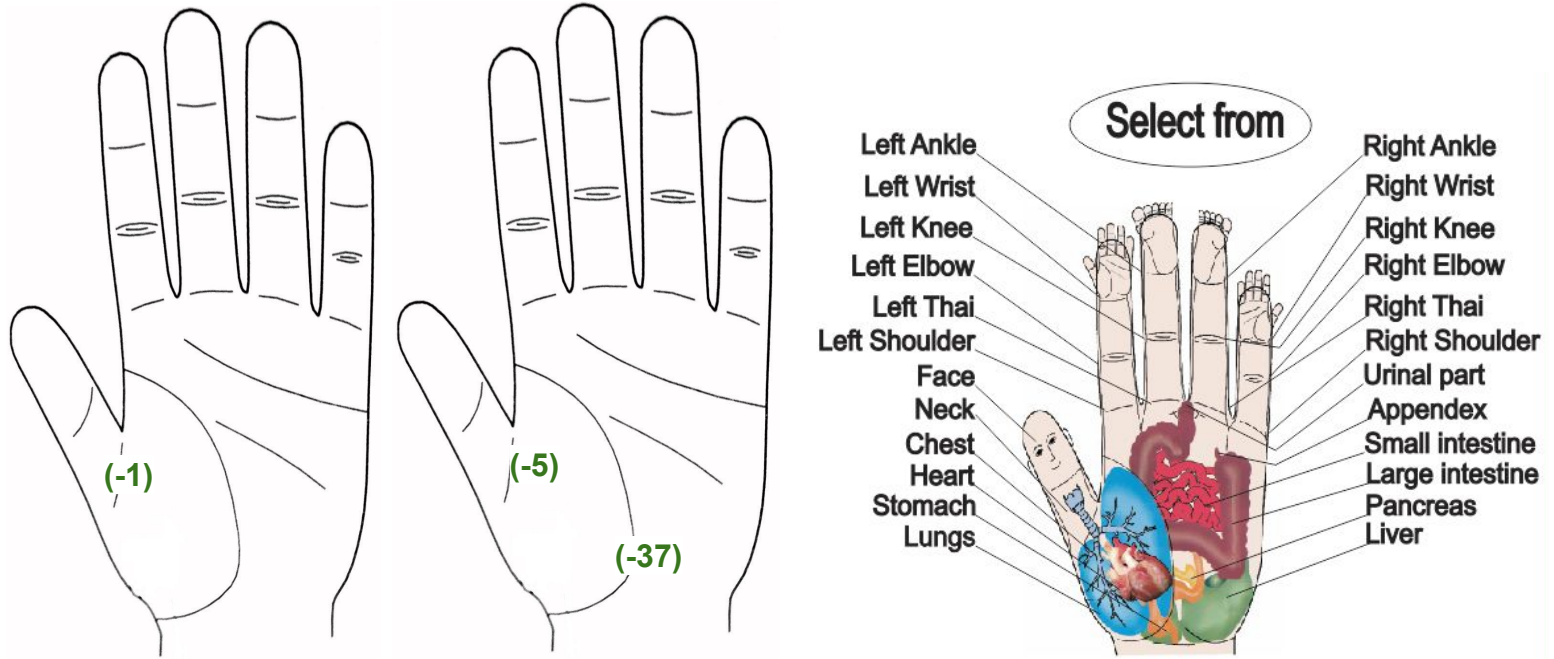
(-49) Brown, (-51)(+55) Blue on Corp. **(-49) Brown, (-51)(+55) Blue on Corp.**

Keep Ice on the affected part

Keep Ice on the affected part

Pain/ Swelling/ Numbness

दर्द / सूजन / सुन्नता



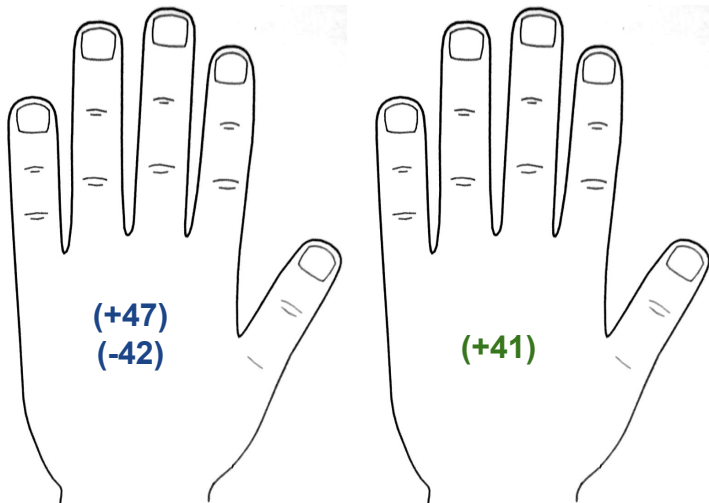
For pain/ numbness without swelling apply **Green** or **(+1) green** on corp.

For pain/ numbness with swelling, Apply **Red** or **(-5)(-37) with Green**

Do moxa (heat up selected point with incense) as shown on Page no. 6.

Piles

पाइल्स



For Bleeding

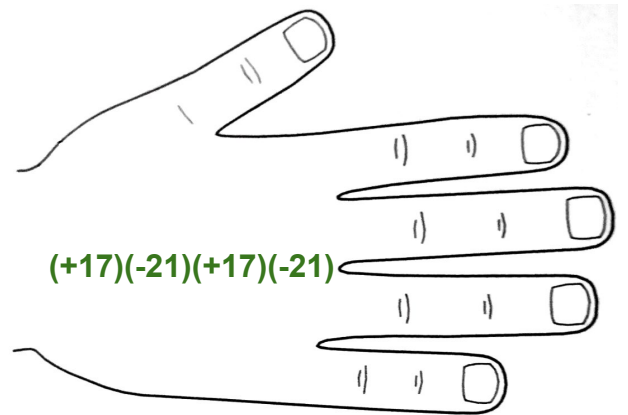
(+ 47)(-42) Blue
On L.I. Chakara.

Without Bleeding

(+ 41) Green
On L.I. Chakara.

Slip Disc Pain/
Lumbago Back Pain

स्लिप डिस्क



(+17)(-21) Green
On Spine Corp.
& apply moxa.

Swelling

सूजन

Edema

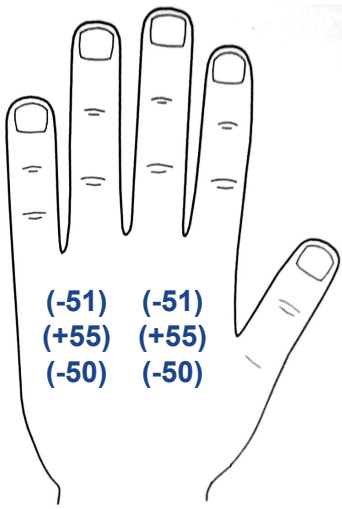
एडिमा

Swelling

सूजन

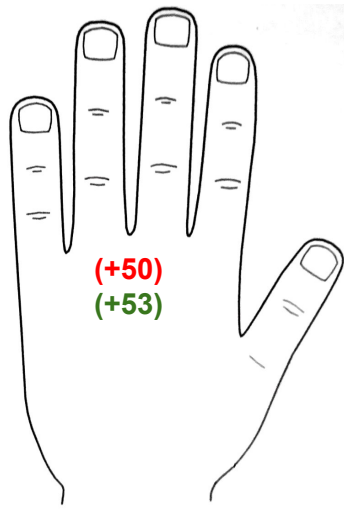
Teeth Swelling

दांत सूजन



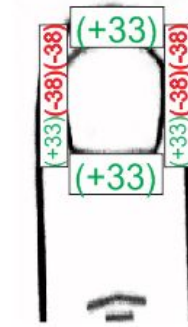
(-51)(+55)(-50) Blue
on Kidney Corp.

And write **(-50) Blue**
on the affected area



(+50) Red, (-53) Green
On the U.B. Chakra

And write **(-53) Green**
on the affected part



Thumb

(-38) Red, (+33) Green
on the corp.

And on the border of
thumb nail.



Brain swelling
(Encephalitis)

मस्तिष्क सूजन

Swelling of Lungs
(Emphysema)

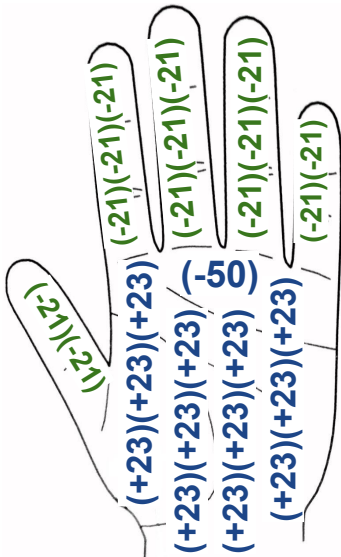
फेफड़ों में सूजन

Body swelling

शरीर में सूजन

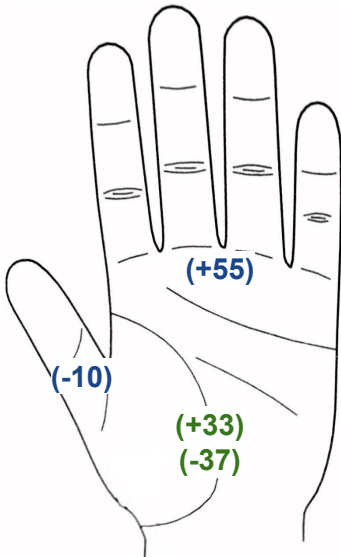
Face swelling/
puffiness

चेहरे की सूजन/पफनेस

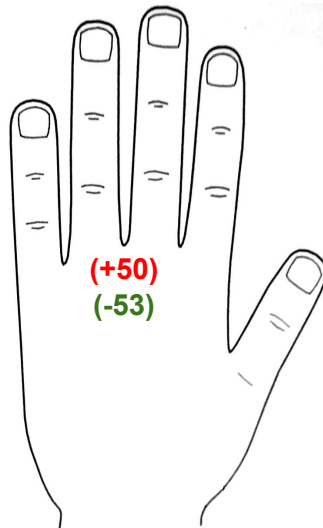


(-50) Blue
On coldness chakra

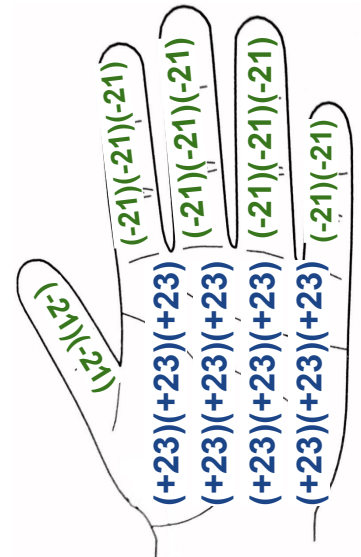
(+23) Blue, (-21) Green
on Brain Corp.



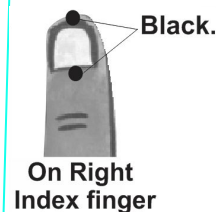
(+33)(-37) Green on
humidity chakra
(+55) Blue on
coldness chakra
(-10) Blue on
Heat chakra



(+50) Red
(-53) Green
On corp.
& **(-53) Green**
On the
Affected part.



(+23) Blue
(-21) Green
on Corp.

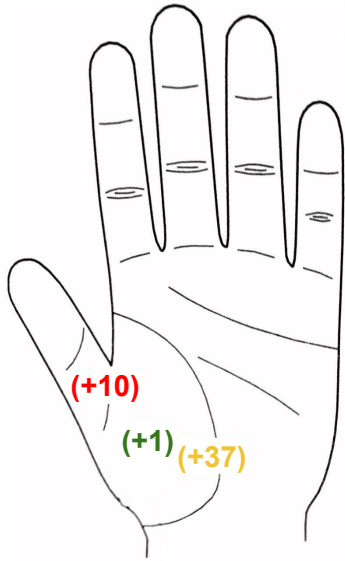
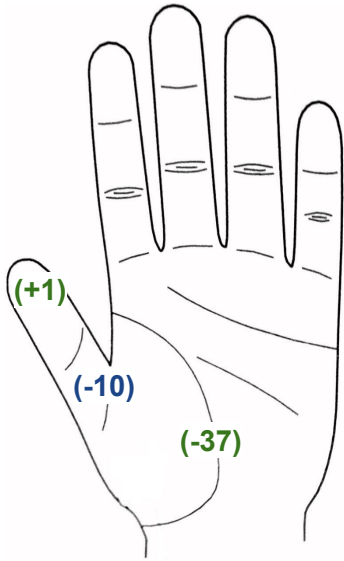


On Right
Index finger

Hyper
हाइपर

Thyroid
थायराइड

Hypo
हाइपो

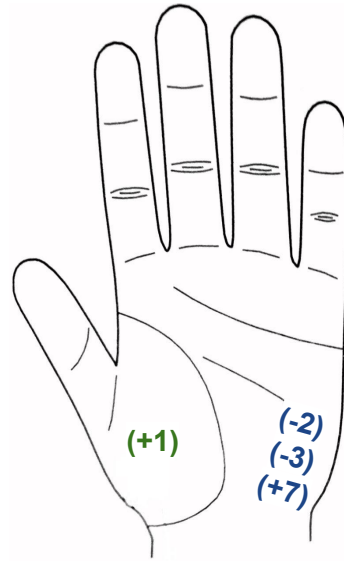


(+1) Green
on Hotness chakra
(-10) Blue
On Heat chakra
(-37) Green
on Humidity chakra

(+10) Red
On Heat Chakra
(+1) Green
On Wind Chakra.
(+37) Yellow
On Humidity Chakra

Traveling Sickness

यात्रा बीमारी



Green

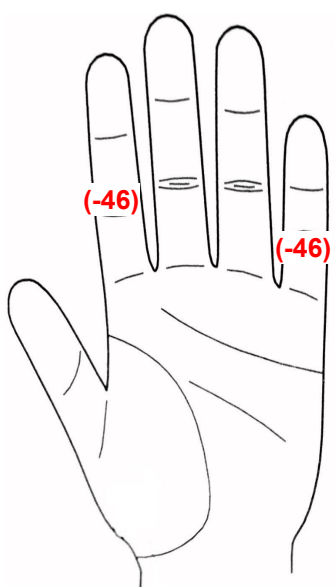
&



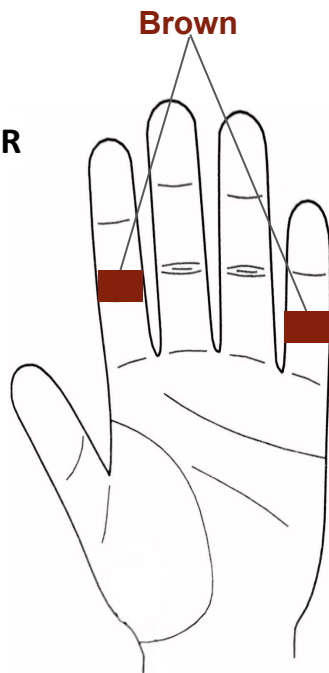
(+1) Green
On Liv. Chakra
(-2)(-3)(+7) Blue
On Liv. Corp

Left small
finger

Tennis Elbow
कोहनी की अंग विकृति



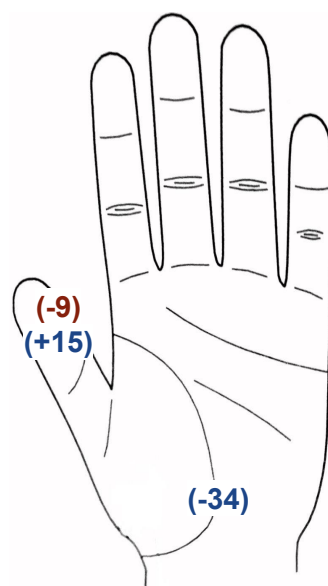
OR



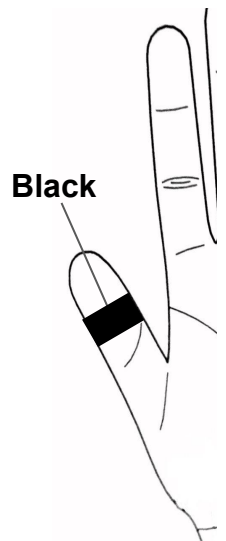
(-46) Red On Corp.

Tongue Crack

जीभ की दरार

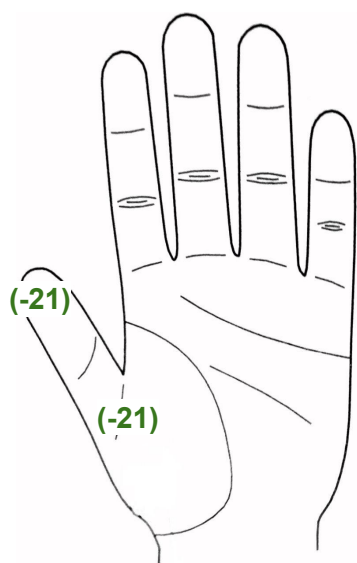


OR



(-9) Brown,
(+15) Blue on corp.
(-34) Blue on stomach

Tonsil (5 types)
टोंसेल (5 प्रकार)



(-21) Green
On Yin Hotness
chakra & corp.

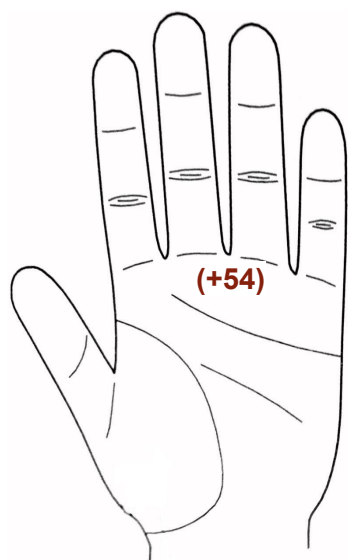
Titinies
टिटिनीज



Thumb

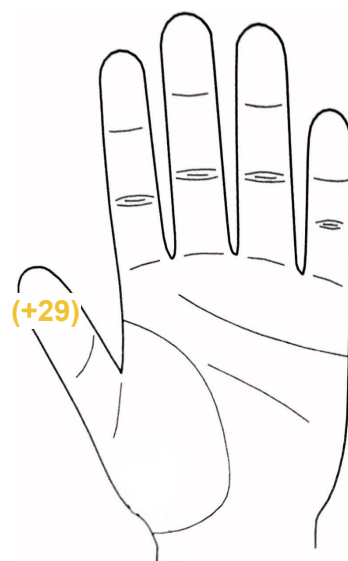
(-21) Green, (-17) Brown
On Yang Hotness chakra

Toxin
टोक्सिन



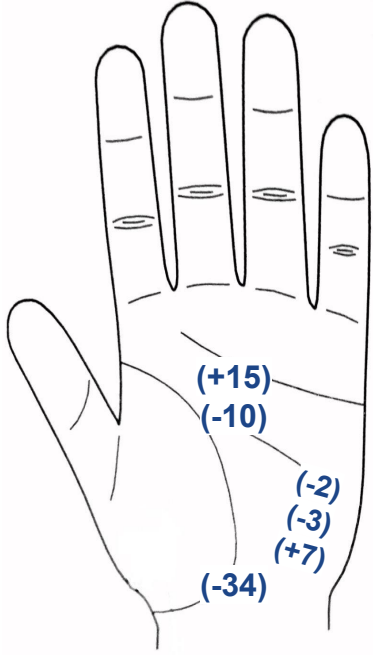
(+54) Brown
On Coldness chakra.

Yawning
उबासी लेना



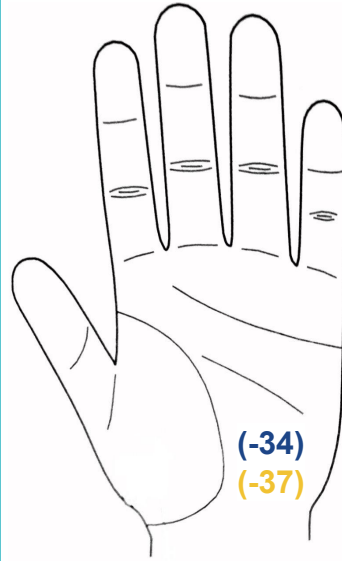
(+29) Yellow
On Yin Hotness chakra.

Uric Acid
यूरिक अम्ल

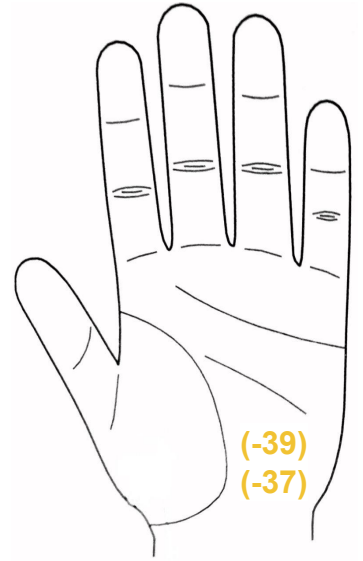


(-34) Blue on St. Corp.
(-2)(-3)(+7) Blue on Liv. Corp.
(+15)(-10) Blue on S.I. Corp.

Ulcer in Duodenum
ग्रहणी में अल्सर



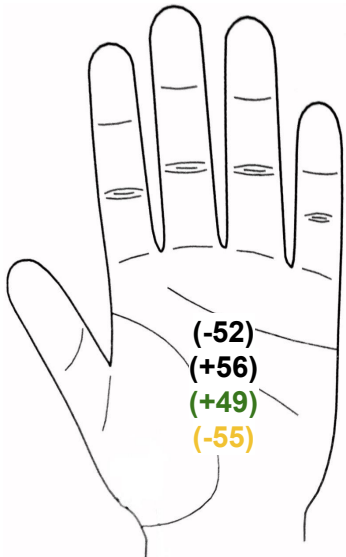
(-37) Yellow,
(-34) Blue
on Duodenum Corp
for red bleeding



(-37)(-39) Yellow
On Duodenum
for Black bleeding

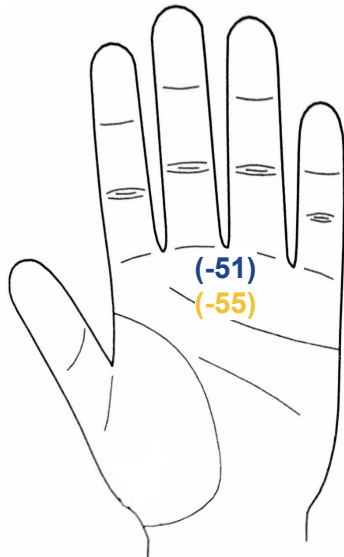
Urine problem

Urine infection
मूत्र संक्रमण



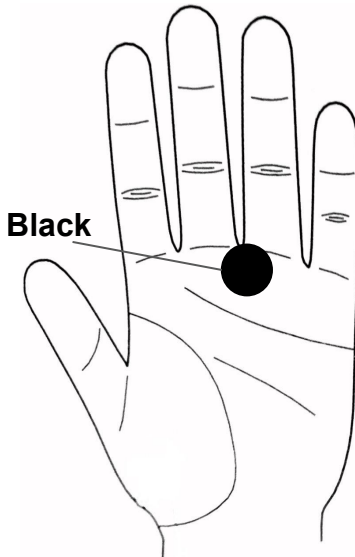
(-52)(+56) Black
(+49) Green
(-55) Yellow
On corp.

Excess Urination
ज्यादा पेशाब आना

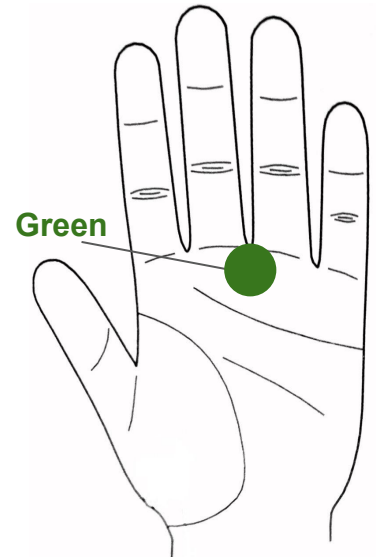


(-51) Blue
(-55) Yellow
On corp.

Less Urination
कम पेशाब आना



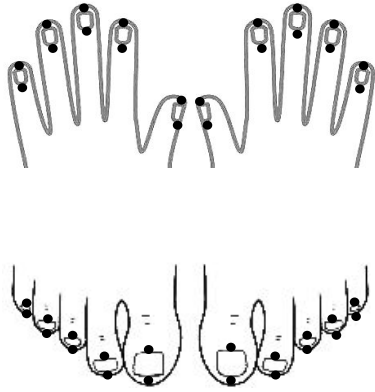
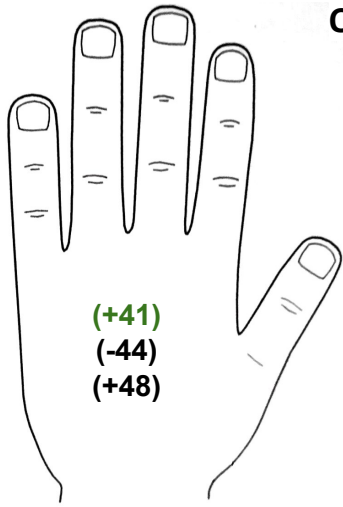
Urination stopped
पेशाब बंद हो जाना



Apply moxa &
simulation
On the corp.

Worm in Stomach
पेट में कीड़ा

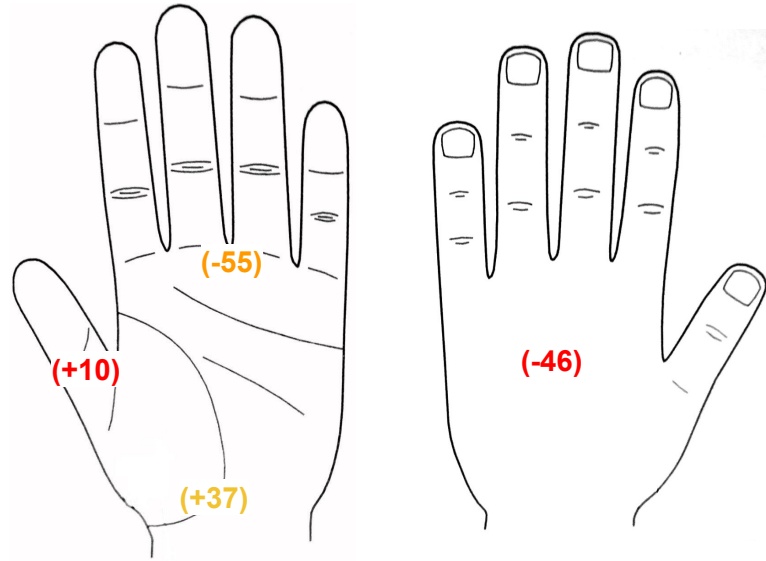
OR



(+41) Green
(-44)(+48) Black
On the L.I Chakra

Apply as shown
with Black

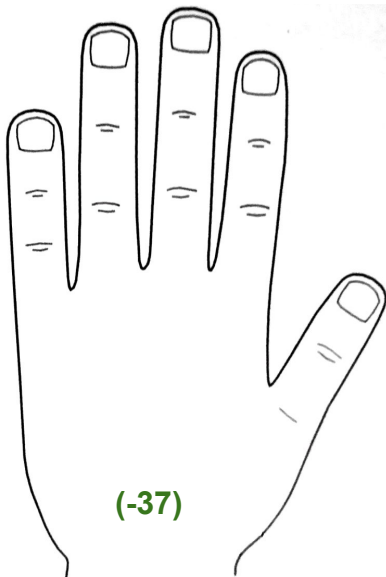
For Weight Increase
वजन बढ़ना



(+37) Yellow
on St. Corp
(+10) Red
on Heat Chakra,
(-55) Orange on
Coldness chakra

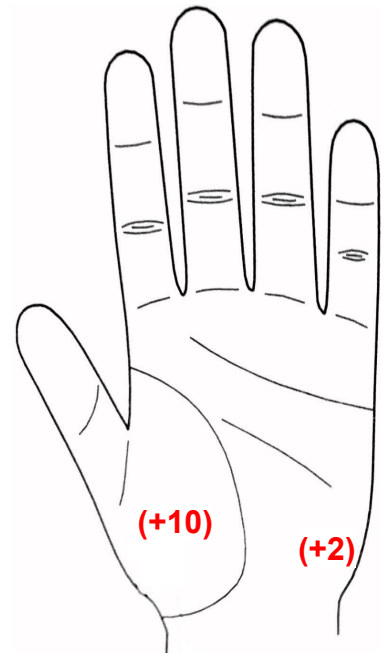
(-46) Red
On L.I chakra.

Vomiting
उल्टी करना



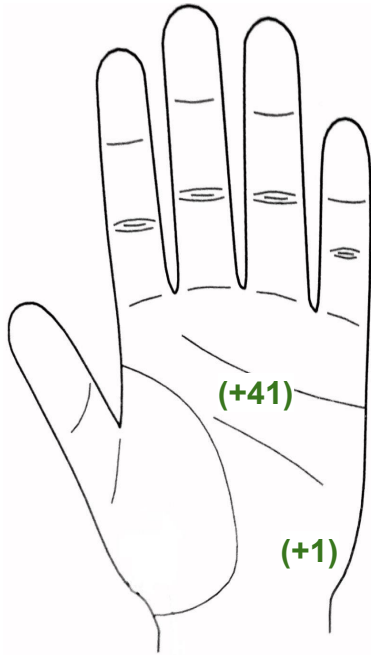
(-37) Green
On St. Chakra.

Weakness
दुर्बलता



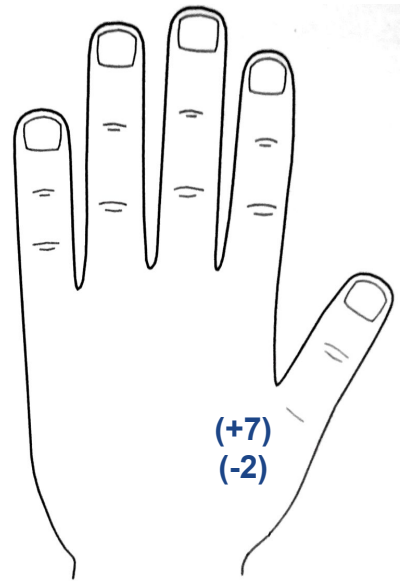
(+10) Red on H. Corp.
(+2) Red on Liv. Corp.

Anxiety
चिंता



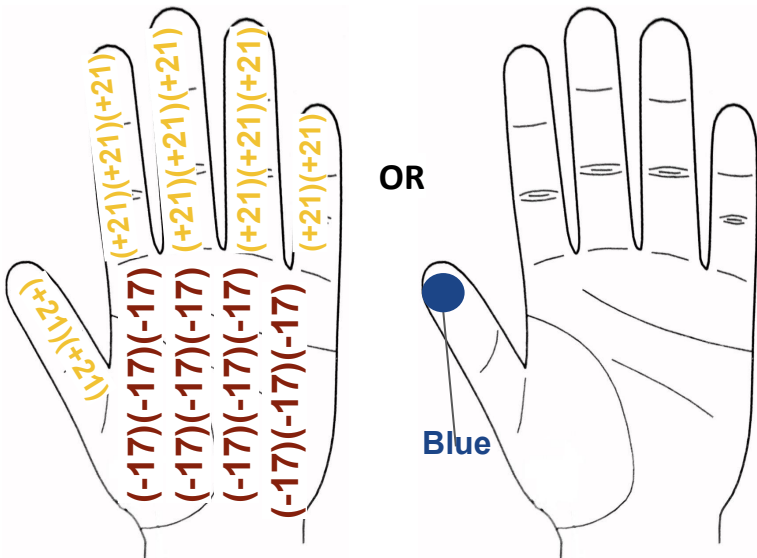
(+41) with green on Dryness chakra.
(+1) green on Liv. Corp

Emotions
भावनाएं



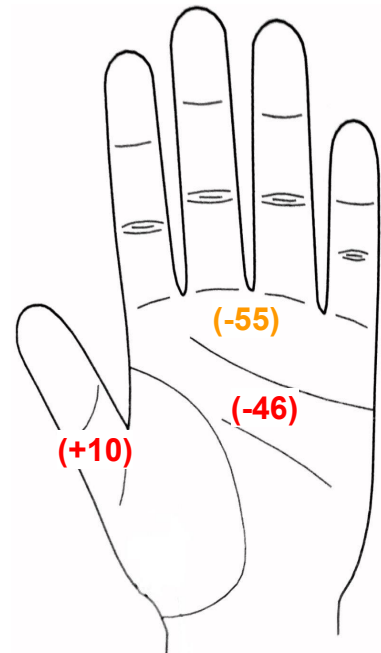
(+7) (-2) Blue
on G.B. Chakra

Behavior / Bad Habit / Convulsion
व्यवहार



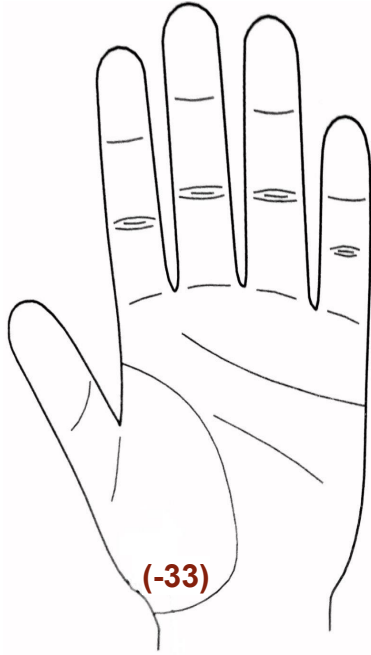
(+21) Yellow,
(-17) Brown
On Full Palm

Depression
अवसाद



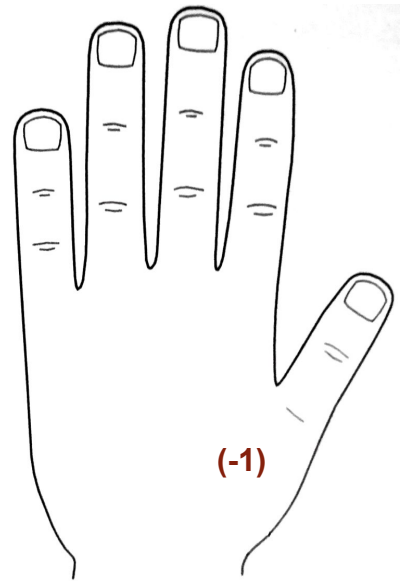
(-55) Orange On Coldness Chakra
(+10) Red on Heat
(-46) Red on Dryness

Eye blinking
आँख झपकना



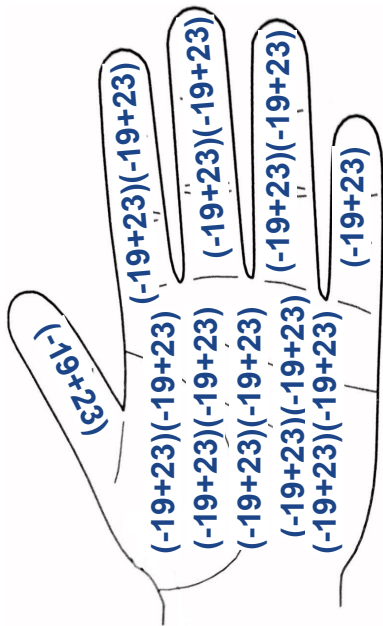
**(-33) with Brown
On Sp. corp.**

Ego
अहंकार



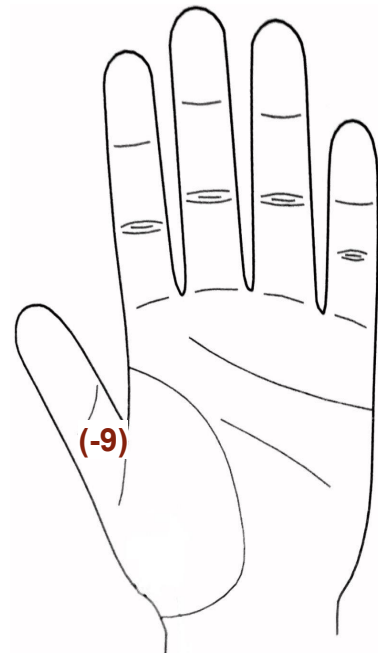
**(-1) Brown
On Yang Wind chakra.**

Excess Dream
अतिरिक्त सपना



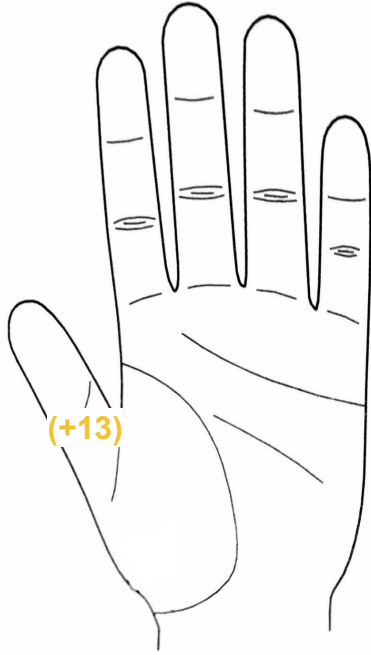
**(-19) (+23) Blue
On full Palm**

Excess Laughing
अत्यधिक हँसना



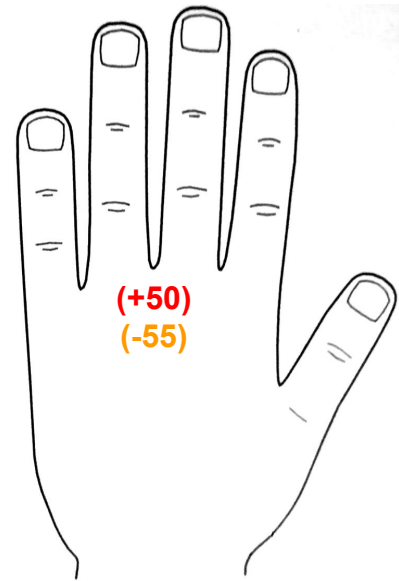
**(-9) Brown
On heat chakra.**

Fluctuating Confidence
अस्थिर आत्मविश्वास



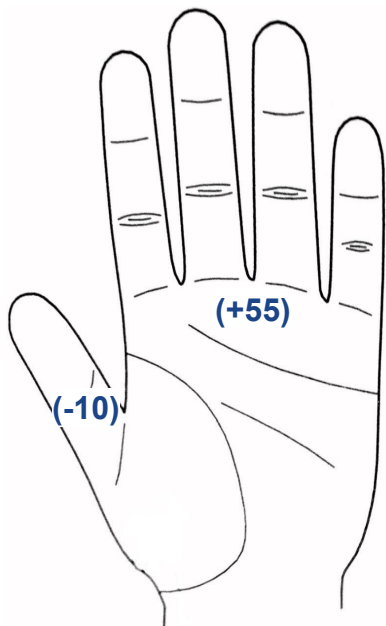
(+13) Yellow colour
On Heat chakra.

Fear
डर



(-55) Orange, (+50) Red
on U.B. Chakra

Jealousy
ईर्ष्या द्वेष

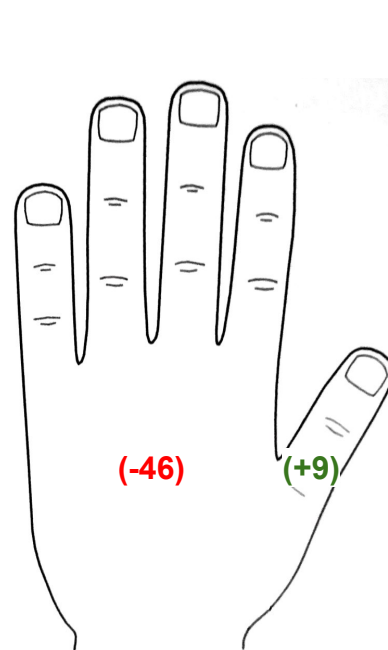


(-10) Blue
on heat chakra.
(+55) Blue
on coldness chakra.

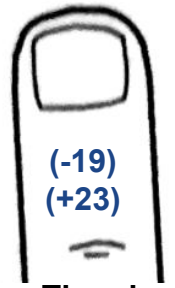


Thumb
(-18) Blue
on T.W. chakra

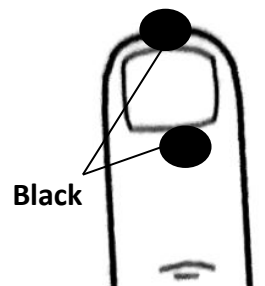
Negative Thoughts
नकारात्मक विचार



(-46) Red on L.I. Chakra
(+9) Green
on Yang Heat chakra

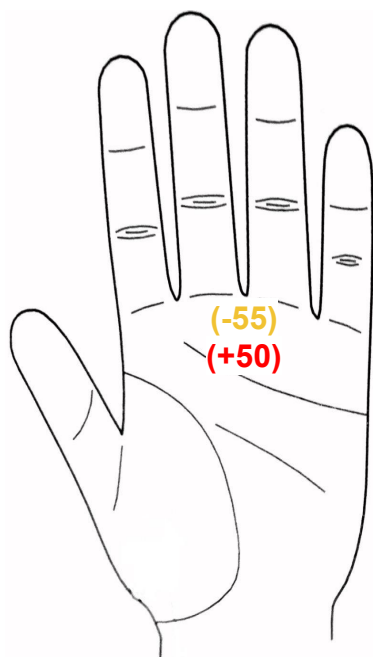


Thumb
(-19)(+23) Blue
On Brain Corp.



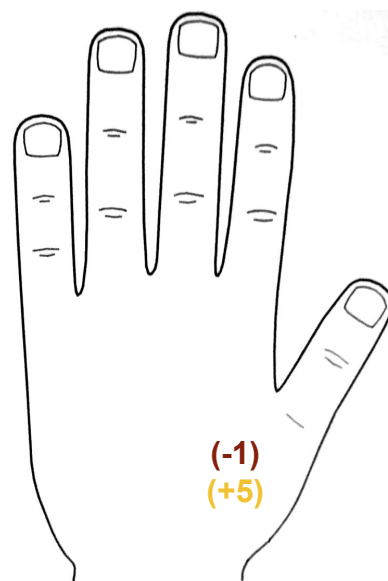
All Nails

Sadness
उदासी



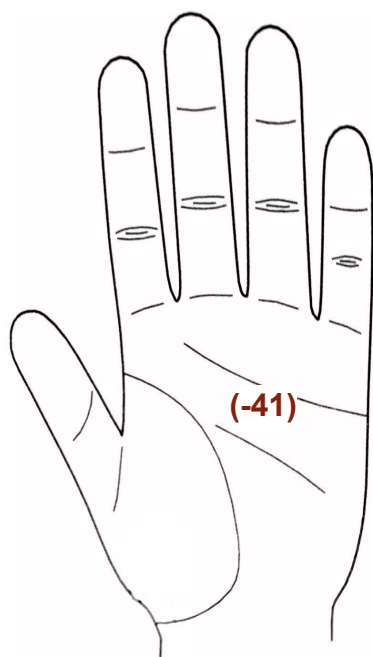
(+50) Red, (-55) Yellow
On Coldness chakra

Shouting
चिल्लाहट



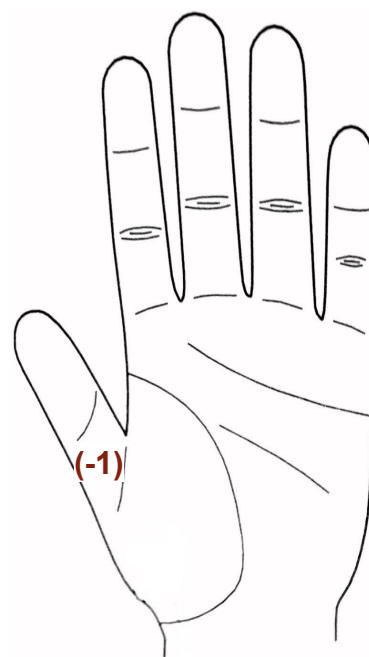
(-1) Brown, (+5) Yellow
On Wind chakra.

Too much talking
बहुत ज्यादा बात करना



(-41) Brown
On Dryness chakra

Voice Disturbance
आवाज में गड़बड़ी



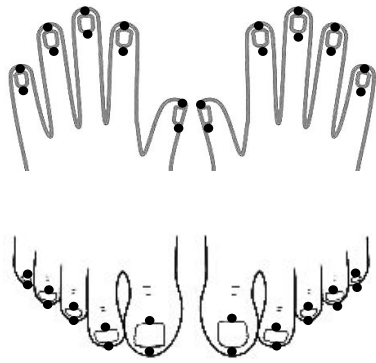
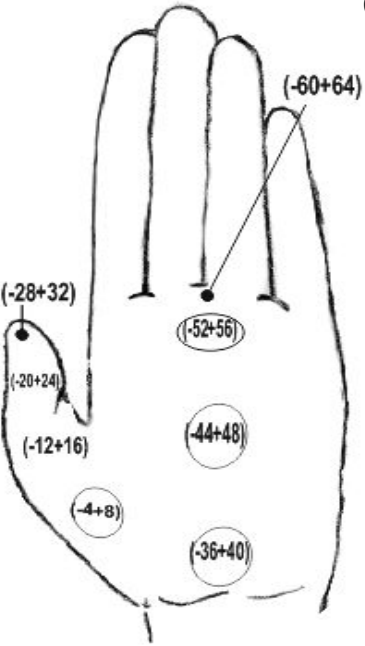
(-1) Brown
On corp

For Multiple Problems
कई समस्याओं के लिए

For Multiple Types of Pain
कई प्रकार के दर्द के लिए

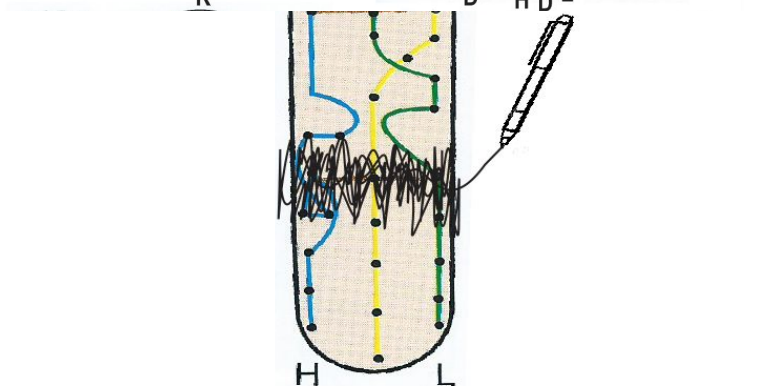
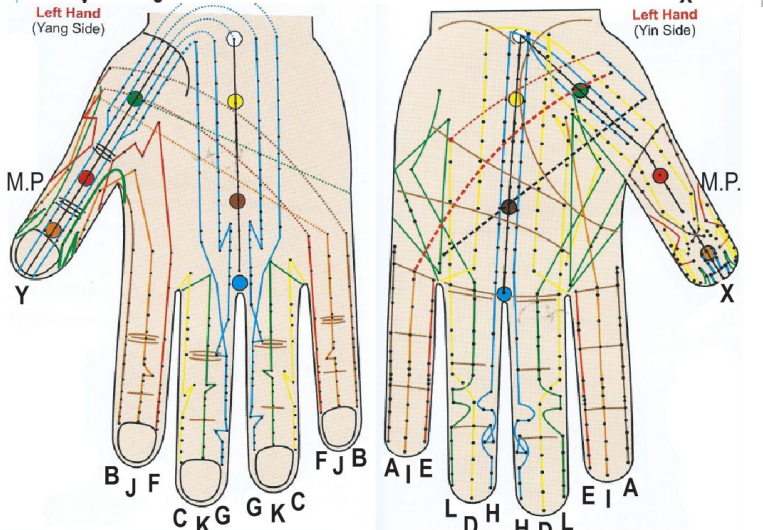
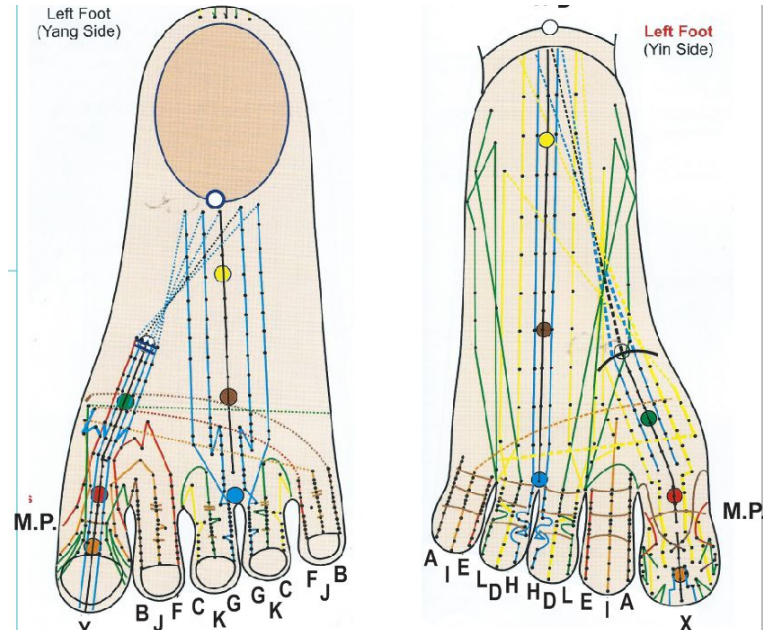
On Chakra

OR



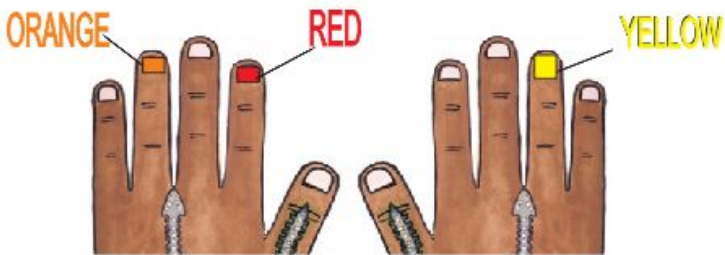
Apply as shown
with Black

Write only with black
colour on the
mentioned place



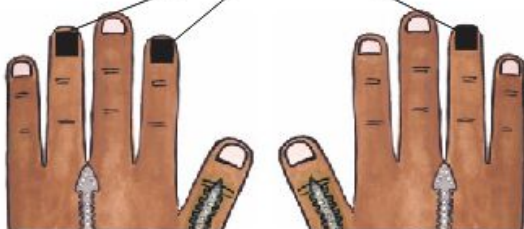
Seasonal
मौसमी

Apply in cold climate



Apply in summer

BLACK



Rub with blue pen on the first joint of the specific problem of the related meridian to get instant relief from all types of pain, strain, stiffness, burning etc. Same meridians of the body (as per T.C.M) are located as shown on hand & feet.

E.g., As per key, 'L' is Liver Meridian & rub on Master Point (M.P.) of all meridian (First joint of thumb outer side)

EIGHT ENERGY CHART

	Subject	1	2	3	4	5	6	7	8
1	Vt al Eng.	Wind	heat	hotness	Brightness	Humidity	dryness	coldness	darkness
2	Chakra	Anhat	Vishuda	Agna	Sahasr	Manipur	Swadhistan	Muladhar	Kundalini
3	Emotion	Anger	Joy	Happiness	love	Agony	Sadness	Fear	calmness
4	Reason	Originality	Desire	Intention	Spirit	Conciousness	Will	Wisdom	Soul
5	Body System	Muscular System	Circulatory System	Nervous System	Energy	Endocrine	Integumentary	Skeletal	Reproductive
6	Brah	Occipital lobes	Temporal lobes	Parietal lobes	Frontal lobes	Limbic Lobe	Cerebellum	Medulla Oblongata	Diencephalon
7	SenSes	Smell	Hearing	Vision	Mental	Taste	Tactile	Gravity Blame	Instinct
8	Endo. gland	Thymus	Thyroid	Pituitary	hypothalamus	Pancreas	Adrenal	Testis & Ovary	Pinal body
9	Yin orgAns	Liver	Heart	Pancreas brain	Homo cell	Spleen	Lungs	Kidney	Bone Marrow
10	Yang Org.	GB	SI	TW	Hetro cell	ST	LI	UB	Thymus
11	colour	Green	Red	orange	White	Yellow	Brown	Blue	Black

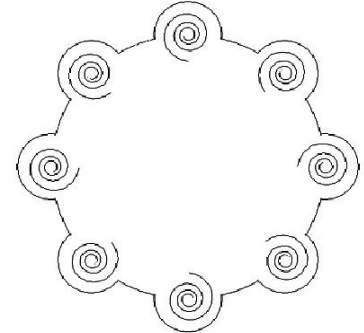
Working with Numbers

Numbers are quite powerful. You can write them on your skin, wear them on a bracelet (you can create one with number beads), write them on a photo of yourself, or put them under your pillow.

Though numbers can be called by individual digits (1-9-9-9-9-9-9), they may be more effective if said in proper form (one million, nine-hundred ninety-nine thousand, nine-hundred ninety-nine):

Radionic Amplifier Energy Circle

Another way of working with Healing Numbers and Frequencies is to place them in a Radionic Amplifier Energy Circle:



Insert Target (name of person for broadcast) into the Energy Circle along with the Healing Numbers and Frequencies.

Alphabetical list of Applications and associated Number Codes/Frequencies (Hz follows Rife Frequencies, nm follows nanometer wavelengths)

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
5-Hydroxytryptamine serotonin- use all	2.5 Hz	Acute poisoning by snake bites and poisonous arthropods	4,812,521
	10 Hz	Acute tonsillitis	1,999,999
	80 Hz	Addiction (use all frequencies)	4.0 Hz
	160 Hz		7 Hz
Abdominal cramps	72 Hz		8 Hz
	95 Hz	Addiction, drug	5,333,353
	190 Hz	Adrenal function, normalize	1335 Hz
	304 Hz	Adrenal insufficiency	4,812,314
Abdominal pain	5000 Hz	Alcoholism	10,000 Hz
	10,000 Hz		148,543, 292
Abscess	8,148,321	Alertness, increase	10 Hz
Abundance, prosperity	71,427,321,893	Allergies, general	45,143,212
Accelerated healing	7.83 Hz	Allergies, respiratory	5,814,325
Accelerated learning	6.30 Hz	Aloe (essential oil)	96 MHz
Acne	727 Hz	Alopecia (baldness, alopecia)	5,484,121
	787 Hz	Alzheimer's	1.45 Hz
	880 Hz	Amyotrophic lateral sclerosis (degenerative disease of the motor nerve sys.)	1,777,771
	5000 Hz	Anal fissure	81,454,321
Acne vulgaris, junior	514,832, 185	Analgesic	10 Hz
Activity increase	144.72 Hz	Anemia	48,543,212

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Acute bronchitis (cough)	4,812,567	Beauty	221.23 Hz
Acute gastritis	4,567,891	Bedsore	6,743,514
Acute poisoning	4,185,412	Biochemistry, blood	514,832,189
Angelica/ Archangelica	85 MHz	Bladder	2.57Hz
Anger & irritation use both freq.	3.6 Hz	Blood	4.6 Hz
	6.3 Hz		10.5 Hz
Anima/soul	420.82 Hz	Blood circulation, stimulate normalized	337 Hz
Anosmia (loss of smell)	20 Hz	Blood clots	685 Hz
	10,000 Hz	Blood flow/ circulation, stimulate increased	17 Hz
Antidepressive	172.06 Hz	BoOd presSure, balance	10.5 Hz
Anxiety	40 thrgh 60 Hz	Blood pressure, high	8,145,432
	304 Hz	Blood pressure, low	8,143,546
	6130 Hz	Blood pressure, normalize	15 Hz
Arrhythmia, cardiac	8,543,210	Blood pressure, reduce	4.0 Hz
Arterial obstruction	81,543,213	Blue (color)	473 nm
A toetrosis	54,321,898	Blue dhamomile Matricaria recutita (ess. oil)	105 mHz
Arthritis,	1664 Hz	Body, bring all parts into co operative state to work together	778,899,003
	8,111,110	Boils	5,148,385
Arthritis, rheumatoi	8,914,201	Bone growth	25Hz
Astigmatism.	1,421,543		50Hz
Asthma, bronchial	8,943,548	Bone, regeneration	2720 Hz
AStral projection	6.30 Hz	Bone spurs	1.2 Hz
	63 Hz	Bones	7.0Hz
Astral travel (use both	40 Hz	Brain state	4,815,812
	22 Hz	Brain, Frontal Lobe	6.5 Hz
Attention deficit disorder hyperacoviy	10 Hz	Breathing	10.3 Hz
Aura builder	20 Hz	Breathing, difficulty dyspnea	100 Hz
Back paln, generalized	328 Hz	Broken bones	7,776,551
Back paln, Lower	0.5 Hz	Bruises	110 Hz
Balance	90 Hz	Bronchitis,acute	4,812,567
Barley grain	514,854,249	Bronchitis,chronic	4,218,910
Basil Ocimum basilicum ess. Oil	52 MHz	Bubonic plague	500 Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Burns	190 Hz	Chronic fatigue	1.5 Hz
Calcium	320.0 Hz	Circadian rhythm resynchronization	10 Hz
Calcium metabolism	328 Hz	Circulation, stimulate increased	17 Hz
Cancer frequencies use all	2127Hz	Circulatory system	10.5 Hz
	2008Hz	Circulatory system diseases	1,843,214
	880 Hz	Circulatory system,.normalization	148,542,139
	787 Hz	Clarity of spirit	172.06 Hz
	727 Hz	Clarity of thought/mental function, stimulate	35 Hz
	690 Hz	Cleverness	141.27 Hz
	666 Hz	Coma	1,111,012
Cancer, bone	1,234,589	Commiphora myrrha(ess. oil)	105 MHz
Cancer, breast	5 432,189	Communication	141.27 Hz
Cancer, melanoma	5,674,321	Compassion	40 Hz
Cancer, skin	8,148,957	Compulsive disorder	8,142,543
Candidiasis	54,842,148	Concentration	147.85 Hz
Capillaries	15.2 Hz	Concentration and Creativity	27.3 Hz
Carbon	10.705 MHz	Concussion	51,843,213
Carbuncle	483,854,381	Conflict resolution	9.19 Hz
Carcinomatosis	43Hz thrq 193Hz	Confused thinking	7.5 Hz
Cardiac arrest	8,915,678	Conjunctivitis	5,184,314
Cardiac, arrhythmia	8543, 210		1246 Hz
Cardiomyopathy	8,421,432	Connecting Solfeggio Freq.	639 Hz
Cardiovascular Disorders (heart	1,454,210	Connection with spirit	12,370,744
Cardiovascular.insufficiency/ acute	1,895,678	Connective Tissue disease/diffuse	5,485,812
Cataract	5,189,142	Constipation	727 Hz
Cell regeneration	111 Hz		787 Hz
Centering frequency	12 Hz		800 Hz
Change, facilitating Solfeggio Frequency)	417 Hz		880 Hz
Changes	140.25 H2		5,484,548
Chemical sensitivity, reduce	440 Hz		Control of events
Chest pain	8,124,567	Chronic obstructive pulmonary disease COPD	100 Hz
Cholesterol, balance	1,482,152	Copper	464.0Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Coronary artery disease	1,454,210	Dragon fly healing	32.3 Hz hovering
Correct processing of information	5,555,555		38 Hz flight
Cortex	15.4 Hz		41.3 Hz(full speed)
Cough	1234 Hz	Drug addiction	5,333,353
	514 Hz	Dyslexia	1.45 Hz
Cramps	51,245,424	Dyspepsia digestive issues	1,112,223
Creative thinking & concentration	27.3 Hz	Dyspnea	100 Hz
Creative thought.	7.5 Hz	Ears	10.7 Hz
Creative visualization (use both) creativity	6 Hz	Earth planet	360 Hz
	10 Hz	Earth resonance	7.83 Hz
	8.22 Hz	Electrical sensitivity, reduce	657 Hz
	183.58 Hz	Emotional acceptance	5.14 Hz
Crisis	140.25 Hz	Emotional balance	360 Hz
Critical states, acute	1,258,912	Emotional impulse	4.6 Hz
Crohn's.disease	94,854,321	Emotional patterns releasing Solfeggio.Frequency	396 Hz
Cystitis	48,543,211	Emotional patterns, solfeggio frequency	417 Hz
Decongest	400 Hz	Emotional.spectrum	72 Hz
Deep meditation	4.0 Hz	Emotional states	15 Hz
Dental caries	5,148,584	Emotional trauma/energy blocks	15 Hz
Dental, general	1043 Hz	Emotions	9.19 Hz
Dental intection	190 Hz	Endocrine diseases	1,823,451
Depression and anxiety	3.5 Hz	Endocrine system function	537 Hz
Diabetes melitus	8,819,977	Endorphin release	38 Hz
Diabetic neuropathy	73 Hz	Energy	144.72 Hz
Diarrhea	81,234,574	Energy & endurance	37,586,748,578
Digestive issues	1,112,223	Energy and health stabilizer	99,477,867,785
Disease/ unknown add body part affected	1,884,321	Energy blocks	15 Hz
Dizziness	4,518,533	ENT diseases	1,851,432
	5.8 Hz	Entity release	91,389
DNA integrity Solfegeo frequency	528 Hz	Epilepsy	5,143,548
dopamine, stimulate production	38 Hz	Estrogens	1351 Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Exhaustion	4.0 Hz	Fixed ideas	8,142,543
Exotoxic shock	4,185,421	Fluid retention in joints, & tissues reduce excess	24.3 Hz
Expansion	7.69 Hz	Flying safety	97,814,321
Expression	12 Hz	Focus for children wanting to learn	212,585,212
External bleeding (trom injury)	4,321,511	Focused Stay	212,585,212
Eye diseases	1,891,014	Food poisoning. bacterial toxins	5,184,231
Eye disorders	1600 Hz	For mental connection	3,582,295
Eyes	12.3 Hz	For test taking improve skills	398 Hz
Eyes. cataracts	5,489,142	Forgiveness	706 Hz
Eyes, farsighted	5,189,988	Formal concepts	10.7 Hz
Eyes, general	1,891,014	Fracture healing	25 Hz
Eyes, glaucoma	5,131,482		50 Hz
Eyes myopla nearsighted	548,132,198	Freedom	144.72 Hz
Eyes, presbyopia	548,132,198	Frost bite	4,858,514
Eyes. Squint	518,543,254	Fungal intechons	465 Hz
Facial nerve.neuropathy	518,999,955	Galbanum Feruid galbaum ess oil	56 MHz
Facial toning	9.6 Hz	Gallbladder	10 Hz
Fast rescue	938,179	Gallstones	148,012
Fast results	5,189,912	Gamma brainwave freq.	40 Hz
Fat cells	295.8 Hz	Gastritis	5,485,674
Fatigue	120 Hz	Gastrits, acute	4,567,891
	428 Hz	Gastritis, chronic	5,489,120
Fatigue elimination	48,679,778,967	Gastrointestinal function hypersecretion	5,484,214
Fatty liver, chronic	5,143,214	Glaucoma	5,131,482
Fear	5.8 Hz	Gonads	9.0 Hz
Fear and guilt, liberating solfeggio frequency	396 Hz	Relaxation & mood/ stabilized sleep	10 Hz
Feeling, good overall	90 Hz	Rhythms, can be used for lowering the perception of pain and general healing gout of the great toe	51,454,322
Feminity, inner	420.82 Hz	Green colour	527 nm
Ferula gummosa.galbanum ess. oil	56 MHz	Grounding	194.71 Hz
Fibromyalgia	328 Hz	Growth	183.58 Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Guilt and shame	126.22 Hz	Heart arrhythmia	8,543,210
Hair loss	5,484,121	Heart attack	8,914,325
Growth hormone	1.05 Hz	Heart failure	8,542,108
Guilt and fear, liberatng solfeggio frequency	396 Hz	Heart function	696 Hz
Hair, regain color/grow	1.05 Hz	Heart exchange	5.35 Hz
Halitosis	1550 Hz	Heat generation	5.5 Hz
Hangover	10 Hz		6Hz
Hansen's disease leprosy	600 Hz	Hemoglobin	2452 Hz
Harmonous relationships within family	285,555,901	Hemorrhoids	58,143,219
Harmonization of the future	148,721,091	Hepatitis A and B	5,412,514
Harmonization.ot the past	7,819,019,425	Hernia	95,184,321
Harmonization of the present	71,042	herniated disc	25.4 Hz
Harmony	1.0 Hz		324 Hz
Harmony and love	221.23 Hz		15 Hz
Head cold	72 Hz	Herpes simplex	2,312,489
	120Hz	HIV	1.2 Hz
Headtop	1052 Hz	Hormones, all general balancing	5,148,212
Headache (rapid relief)	160 Hz	Hormone progesterone, balance	51,421,541
Headache, migraine	0.5 Hz	Hormone testosterone, balance	5,145,421
Headaches	10 Hz	Humour	144.72 Hz
	1.2 Hz	Hydrogen	42.5776 MHz
	304.0 Hz	Hypersomnia sense of Smell too sensitive)	727 Hz
	4,818,543		787 Hz
Healing	10.5 Hz		800 Hz
	360 Hz		880 Hz
Healing, enhanced	7.83 Hz		10000 Hz
Healing. general	9Hz	Hypersensitivity	33 Hz
	8 Hz	Hypertension	8,145,432
Hearing	10.7 Hz	Hypochondria	1,488,588
Heart	10.5 Hz	Hypothalamus	1534 Hz
	6 Hz		1413 Hz
			1351 Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Idahdansy essential Oil	105 MHz	Itching	1,249,812
ideal worKing environment	14,111,963		1865 Hz
Imagination	211.44 Hz	Jet lag	10 Hz
Immune system function	835 Hz	Joint disorders	5,421,891
Immune sys. improvement	3 Hz	Joint mobility	18 Hz
Immunity	10.5 Hz	Joy	360 Hz
independence	207.36 Hz	Juniper Uuniperus osteosperma	98 MHz
Indigo colour	438 nm	Jupiter	183.58 Hz
Infection (any) use all frequencies	880 Hz	Justice	183.58 Hz
	802 Hz	Kdney function, stimulate normal	625 Hz
	787 Hz	Kidney meridian	9.2 Hz
	727 Hz	Kidney stones (nephrolithiasis)	543,214
	465 Hz	Kidneys	4.11 Hz
Inflammation, genral	1.5 Hz		10 Hz
Intiuenza	4,814,212	Knowing nolmar solfeggio frequency	741 Hz
Information, processing, heightened	40 Hz	Kundalin, expanding	55 Hz
Ingrown nail	4,548,547	Language accelerated retention	3.5 Hz
Inner guidance, connection	5.5 Hz	Lavender (Lavendula angustifolia) essential oil	118 MHz
Inner selt	420.82 Hz	Lazy eye	1,899,999
inocine production, stimulate	2642 Hz	Learning/ advanced schumann freq.	7.83Hz
Insomnia	2.5 Hz	Leprosy hansen's disease	600 Hz
Intellectual ability	15.4 Hz	Leukemia (use both)	690 Hz
Intellectuality	141.27 Hz		666 Hz
Inerconnectedness/ whole brain	369 Hz	Life boost	98,476,582,279
Internal bleeding	5,142,543	Ligaments	9.7 Hz
Intestines	2.67 Hz	Lipoma	4,814,842
	281.0 Hz	Llver	10 Hz
Intuition, awakening solfeggio frequency	741 Hz	Liver damage toxic hepatopathy	48,145,428
Iron	416.0 Hz	Liver function, stimulate normal	751 Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Love solfeggio freq.	528 Hz	Mental confusion	1,111,012
Love and harmony	221.23 Hz	Mental function, stimulate	35 Hz
Love of life	10.5 Hz	Mental functioning, improve schumann freq.	20.8 Hz
Love of self and others	10.5 Hz	Mentha piperita peppermint essential oil	78 MHz
Love, unconditional solfeggio freq.	852 Hz	Mercury planet	141.27 Hz
Lumbago	30 Hz	Mercury remove	83394657396788 368 quadrillion, 339 trillion, 465 billion, 739 million, 678 thousand 836
	190 Hz	Miracles	528 Hz
Lungs	5.35 Hz	Miraculous money inflow	520 Hz
	12 Hz	Mobility	141.27 Hz
Lymphn.system function-	676 Hz	Mood elevator	10 Hz
Manganese	480Hz	Mood, heightened	40 Hz
Malaria	555 Hz	Moon	420.82 Hz
Manganese	400 Hz	Mouth	8.22 Hz
Manic depression	514,218,857	Mouth ulcer	1.31 Hz
Marijuana	30 Hz	Mouth dry	5,814,514
Mars	144.72 Hz	Mumps	14 Hz
Mastitis	8,152,142	Muscle cramps/spasms	6.8 Hz
Matricaria recutita blue chamomile esse oil	105 MHz	Muscle growth and repair	25 Hz
Measles	333 Hz	Muscles, stiff	304.0 Hz
Meditation	7.5 Hz	Muscles	13.5 Hz
Meditation (induce)	4.9 Hz	Muscular pain and injury	160 Hz
Melissa essential oil	102 MHz	Musculoskeletal disease	514,218,873
Memory improvement	5,893,240	Myrrh Commiphora myrrha ess oil	105 MHz
Memory. Increased retention	6.30 Hz	Nausea	396 k Hz
Memory, long term	6 Hz	Nephrolithiasis (Kidney stones	543,214
Memory, reading, spelling improvement use both	10 Hz	Neptune	211.44 Hz
	18 Hz	Nerves, stimulate the healing of nervous system	2. 0 Hz
Menopause	4,851,548	Nervous System	10 Hz
Menstrual cramps	26 Hz	Narvous system function	764 Hz
Mental clarity - to Stimulate	12 Hz	Narvous system soothing	2 Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Neutralization of negative info. from the past the future/present	91,371,985	Parasites (use al)	444 Hz
Nicotine cravings	38 Hz		125 Hz
Nicotine withdrawals	10 Hz		95 Hz
Nitrogen	3.076 MHz		72 Hz
Nose	10.3 Hz		20 Hz
Nose disorders	20 Hz	1865 Hz	
	440 Hz	Parkinson's disease - shaking palsy	5,481,421
	727 Hz	Peace	1 thrgh 3 Hz
	787 Hz	Peppermint (Mentha peperita)	78 MHz
	880 Hz	Perception. heightened sense	40 Hz
Numbness	1600 Hz	Periodontal disease	1800 Hz
Obesity	4,812,412	Phosphorous	17.236 MHz.
Occupation diseases	4,185,481	Pineal function, stimulate normal	662 Hz
Ocimum basilicum (basil) ess. oil	52 MHz		480 Hz
Orange(color)	597 nm	Pineal gland stimulation	20Hz
Organ healing	7 Hz	Pituitary	13 Hz
Originality	207.36 Hz	Pituitary function. normalize	635Hz
Osteoarthritis deformable	8,145,812	Pituitary gland	1.05 Hz
Ovarian inflammation	5,143,548	pituitary HGH production	645 Hz
Overall Balance	6.88 Hz	Potassium	304.0 Hz
Oxygen	5.772 mHz	Power	140.25 Hz
Oxygenation	5.35 Hz	Problem solving	5.0 Hz
Pain use both frequencies	95 Hz	Problem solving in fearful situations	40.0 Hz
	3040 Hz	Progesterone, balance	51,421,541
Pain control	9 Hz	Progesterone, normalize level (use in order given)	763 Hz
Pain decreased	10 Hz		1446 Hz
pain relief	2.5 Hz		1443 Hz
Painful menstruation	4,815,812		763 Hz
Pancreas	10 Hz	Prostate problems	9.4 Hz
Pancreas function	654 Hz	Psoriasis	999,899,181
			104 Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Pyorrhea	444Hz	Improve mental functioning. uplifting	20.8 Hz
Radiation, remove all	6,847,972,437	Creative thinking, concentration	27.3 Hz
Radiculopathy	5,481,321	Creative thinking. concentration	33.8 Hz
Ravensarates. oil	134 MHz	Secrets	211.44 Hz
Red blood cell.producton	1542 Hz	Security	90 Hz
Receptivity	3.5 Hz	Sedation and pain relief	304.0 Hz
Red colour	700 nm	Sedattve etfect	2.5 Hz
Reduce weight code	68,476,739,287	Selenium	272.0 Hz
Regenerahon and healing	20.5 Hz	Self assembly of our bodies	9,187,948,181
Regeneraton and regrowth	2145432 and 2213445	Self healing	10 Hz
Relationships Solfteggio. Frequency	639 Hz	Self healing	721,348,192
Relatonships	9.0 Hz	Senile psychosis	4,818,543
Relaxation	1-3 Hz	Sensuality	221.23 Hz
Relaxation induce	4.9 Hz	Seperation	147.85 Hz
Relaxation enhanced	8 Hz	Sexuality	9.0 Hz
Relaxaton state	10.6 Hz		221.23 Hz
Relaxed and alert	10.6 Hz	Shame and guilt	126.22 Hz
Release oxygen and calcium into cells	16 Hz	Shingles	51,454,322
Reproductive system	9.0 Hz	Shoulders	7.69 Hz
Respect yourself	5,078,621	Sinus congestion	1.8 Hz
Respiratory.diseases	5,823,214	Sinusitis	72 Hz
Respiratory failure, acute	1,257,814		120 Hz
RNA	637 Hz	Situations, undoing solfeggio freq.	417 Hz
Rose rosa damascene ess oil	320 Hz	Skin diseases	18,584,321
Runny nose rhinitis	5,189,912	Sleep (induce deeper	4.9 Hz
Sandalwood (Santalum albeas)joil	96 MHz	Sleep restorative	1 through 3 Hz
Saturn	147.85 Hz	Sleep, sound	3.4 Hz
Schumann Frequencies accelerated/ enhanced healing, advanced learning , earth resonance, increase stress tolerance	7.83 Hz	Small intestine	281.6 Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Stimulatng, studying	14.3 Hz	Spiritual love	211.44 Hz
Smell sense too sensitive hypersomnia	727 Hz	Spiritual order	852 Hz
	787 Hz	Spritual well being	1565 Hz
	800 Hz	Spiritual wisdom	10 Hz
	880 Hz	sprituality	183.58 Hz
	10000 Hz	Spleen	4.6 Hz
Smell, loss of sense (anosmia)	20 Hz		147 Hz
	10000 Hz	Spondylits	28 Hz
Snake Bites	4,114,111	Spontaneity	207.36 Hz
Social self	12 Hz	Stability	6.88 Hz
Solfeggio Frequencies:			194.71 Hz
Liberating guilt and fear, releasing emotional patterns	396 Hz	Stability in business	212,309,909
Undoing situations/facilitating.change	417 Hz	Staph infections	727 Hz
Transtormaton and miracles, DNA repair, love	528 Hz	Stimulating	14.3 Hz
Connecting, relationships, whole-brain interconnectedness	639 Hz	Sting of Scorpio	4,188,888
Awakening intuition/non-linear knowing	741 Hz	Sting wasps or bees	9,189,189
Returning to spiritual order, unconditional love	852 Hz	Stomach	5.14 Hz
Sore Throat	999		10 Hz
Serotonin (use all	2.5 Hz	Strength.	7.69 Hz
	10 Hz	Stress, increase tolerance	7.83 Hz
	22.027 Hz	Stroke (use both frequencies)	230 Hz
	80Hz		3.0 Hz
	160 Hz	Stroke	4,818,542
Sore Throat	1,999,999	Stroke recovery	2642 Hz
	1550 Hz	Studying (Schumann frequency	14.3 Hz
Sorrow	147.85 Hz	Success	183.58 Hz
Soul	3,396,815	Sulfur	3.266 MHz
Soul/ anima	420.82 Hz	Sun	126.22 Hz
Speech	8.22 Hz	Sun Allergy	1000 Hz
Speech center	141.27 Hz	Sunstroke	444 Hz
			1000 Hz

Application / Description	Code/ Frequency	Application / Description	Code/ Frequency
Swelling	787 Hz	Transforming something negative into something positive	1,888,948
	10000 Hz	Tuberculosis	20 Hz
Surgical diseases	8,574,321	Thyroid virus	1865 Hz
Taste	10.3 Hz	Understanding the teachings	1,798,175
Teaching	6.79 Hz	Unsociable behavior	3.9 Hz
Tears (hold back)	5,189,912	Upper lip	9.19 Hz
Tendons, repair	120 Hz	Urinary tract infection	20 Hz
Testosterone, balance	5,145,421	urticaria(itching skin rash)	1,858,432
Testosterone female	1445 Hz	Vertigo	100 Hz
Testosterone male	1444 Hz	Visualization	12.3 Hz
Tetanus	5,671,454	Vitality	6.88 Hz
Thermal burns	8,191,111	Vocal cords	12 Hz
Third eye, opening	83 Hz	Vomiting	1,454,215
Throat	12 Hz	Well being Sense	10 Hz
Thrush	54,842,148		90 Hz
Thymus	10.5 Hz	White blood.cell production	1434 Hz
Thymus simulation	20 Hz	Whole brain interconnectedness	639 Hz
Thyroid	12 Hz	Women's health	1,489,145
Thyroid function, stimulate normal	763 Hz	Work (unwillingness to)	6.0 Hz
Tinnitus (use all)	20 Hz	Wound healing	20 Hz
	2720 Hz		40 Hz
	728 Hz	Wounds	5,148,912
	784 Hz	Xerostomia dry mouth	5,814,514
	880 Hz	Yeast infection	465 Hz
	1,488,513	Younger skin	34,672,648,366
Tooth/teeth	9,857,834		
Toothache	1,550		
Toothache acute	5,182,544		
Toxin elimination use all freq)	0.5 Hz		
	522 Hz		
	146 Hz		
	10000 Hz		
	880Hz		
	787 Hz		
	727 Hz		
	20 Hz		



Fat: Ghee, milk, cream, sweets, cottage cheese, finely ground flour, potato, rice, meat, fish, sleep in day.

Oats, chana, green gram, masoor, honey, Sesame oil, Brinjal, Green vegetables, Staying up whole night, fasting, morning walk.

Diabetes: Milk, yogurt, sweets, jaggery, sugar, freshly cultivated food, sleeping on fluffy mattress, eating opposite foods together.

Moong, chana, oats, fenugreek, spinach, bitter gourd, garlic, jamun, amla, neem, walking, exercise

Heart Disease: Stress, hard work, controlling urge to urinate, ghee, milk, oily food, bitter/spicy food, opposite foods eating together

Rice, oats, papad, bitter gourd, pepper, black salt, moong, raisins, dry ginger, celery, ginger, garlic, honey, pomegranate, wheat

Kidney disease: Potato, brinjal, gram flour kadi, yogurt, tomato, pickle, cabbage, spinach, cottage cheese, allopathy medicine, finely ground flour

Oats: water/ roti/ oatmeal; moong, fenugreek, moong dal, rice, ginger, honey

High B.P.: excess salt, yogurt, pickle, tomato, bitter food, stress, fighting, excess work, ghee, oil etc
Green vegetables, morning walk, Chant 'Om' loudly, Read religious books, Pray

Cancer: With yogurt: jaggery, pickle, meat, fish; tobacco, alcohol, cigarette, pan massala, unfresh food, Mong, moong dal, Cow urine/urine, or everyday take honey & Tulsi both together 10g on morning & evening. Also have digestive & light food

Judice: Peas, sesame saag, urad, til, anger, heavy diet, sleep during day, alcohol, betel leaf

Moong, unfresh rice, oats, wheat, raw mooli, sugarcane, spinach, bathua, cumin, figs, pomegranate,

Constipation: At night: yogurt/banana, potato, brinjal, kadi pata, cabbage, chana, anger, having hot food
Fasting, warm water, lemon juice, ginger, cumin, moong, unfiltered wheat roti,

Stone anywhere: Spinach, choli, tomato, amla, chikoo, cashew, cucumbar, black grapes, cabbage, mushroom, brinjal, watermelon, coconut water, corn, wheat, pine apple, banana, almond, lemon, carrot, horse gram, bitter gourd

मोटापा: घी, दूध, मलाई, मिठाई, पनीर, मैदा, आलू, चावल, मांस, मछली, दिन के दौरान सोना

जई, चना, मूंग, मसूर, हनी, तिल का तेल, बैंगन, ग्रीन वनस्पतियां, पूरी रात तक जगना, उपवास, सुबह की सैर

मधुमेह: दूध, दही, मिठाई, गुड़, चीनी, ताजा खेती के भोजन, शराबी, मुलायम बिस्तर गद्दा पर सोना, खाने के विपरीत भोजन एक साथ करना,

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दिल की बीमारी: चिंता, दवाई, कड़ी मेहनत, पेशाब को रोकना, घी, दूध, तेल का भोजन, कड़वा-मसालेदार भोजन, खाने के विपरीत भोजन एक साथ करना

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हरे रंग की सब्जियां, सुबह की सैर, 'ओम' जप करना जोर से, धार्मिक किताबें, प्रार्थना पढ़ें

कैंसर: दही के साथ गुड़, मांस, मछली, तम्बाकू, शराब, सिगरेट, पान मेसाला, बासी खाना

मूंग, मूंग दाल, गौ मूत्र, या हर दिन सुबह और शाम 10 ग्राम शहद और तुलसी दोनों ले, पाचन और हल्के भोजन,

पीलिया: मटर, सरसो का साग, उडद, तिल, क्रोध, भारी आहार, दिन के दौरान सोना, शराब

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